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Bangalore Mirror ON SUNDAY

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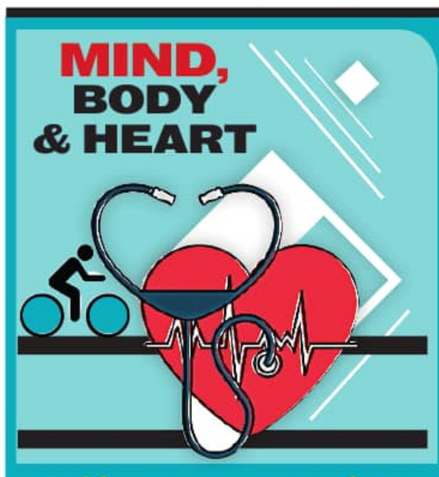

All you need to know about...

Beta blockers

Big risk
Beta blockers, the standard treatment after a heart attack for the last 40 years, may offer no benefit for heart attack patients and can raise death risk in some women, according to a study on Saturday that called for a rejig into the standard treatment paradigm.

What are beta blockers?
Beta blockers are drugs commonly prescribed for a range of cardiac conditions, including heart attacks. It provides no clinical benefit for patients who have had an uncomplicated myocardial infarction with preserved heart function.

Women face dangers
The study presented at the European Society of Cardiology Congress in Madrid and simultaneously published in The New England Journal of Medicine and in the European Heart Journal, showed that women treated with beta blockers had a higher risk of death, heart attack, or hospitalisation for heart failure compared to women not receiving the drug. However, men did not have this increased risk. "The study will reshape all international clinical guidelines," said senior investigator Valentin Fuster, President of Mount Sinai Fuster Heart Hospital.
"Currently, more than 80 per cent of patients with uncomplicated myocardial infarction are discharged on beta blockers. The findings represent one of the most significant advances in heart attack treatment in decades," said principal investigator Borja Ibáñez, Scientific Director at Centro Nacional de Investigaciones Cardiovasculares (CNIC) in Spain.

Side effects
Although generally considered safe, beta blockers can cause side effects such as fatigue, bradycardia (low heart rate), and sexual dysfunction.
The latest results show women treated with beta-blockers had a 2.7 per cent higher absolute risk of mortality compared to those not treated with beta-blockers during the 3.7 years of follow-up of the study. —IANS

TREATS FOR SWEET GANESHA

Signature Ganesha Chaturthi dishes which are easy to make and nutritious

COCONUT AND JAGGERY MODAK

INGREDIENTS
- Ghee: 3-4 tsp, as required
- Coconut: 2 cups, grated
- Jaggery: 1 cup, powdered or grated
- Cardamom powder: 1 tsp
- Rice Flour: 1 cup
- Water: 1 cup
- Salt: 1 pinch, optional

METHOD
- To make the puran, heat a pan and add 1 tsp of ghee. Proceed to add jaggery and coconut to it to saute. Continue the process until both are blending well and the mixture turns thick. The cardamom powder can then be added. Ensure that everything is mixed well. Switch off the gas then and let it cool down.
- To make the dough, bring 1 cup of water to boil and add 1 tsp ghee and a pinch of salt if you wish to. Proceed to mix this well.
- The flame can then be turned off with rice flour being mixed well into the mixture. Cover the mixture and let it rest for at least 4-5 minutes, to ensure that the temperature slightly comes down.
- The dough can then be transferred to a clean plate with 1-2 tsp of ghee being added. Proceed to knead the dough until it turns smooth.
- Using the dough, make an equal size of balls and keep this covered.
- To make the modak, divide the filling into equal 1 tbsp measures and form neat balls. This must then be set aside.
- Take a lemon-sized ball of rice flour dough and flatten it out. Using your fingers and the thumb, make small cups out of the dough.
- Keep one ball of sweet mixture in the centre of the dough and bring the edges to the top to seal it. Ensure the top is pointy.
- Repeat the process with the rest of the dough.
- Grease the steamer with some ghee and place all the prepared modak into the steamer.
- Close the lid and steam the modaks for 10-12 minutes or until the outer cover of the modak starts to look shiny.
- Take out all the prepared modaks and let it cool down before serving!

KHOI LADDOO

INGREDIENTS
- Moi (Khoi Lava) Or puffed rice: 100 gm
- Khoya: 350 gm
- Jaggery: 3-4 tbsp
- Cardamom Powder: 1 tsp
- Roasted Sesame Seeds: 3-4 tbsp
- Ghee: 2 tbsp
- Raisins: to garnish

METHOD
- Add the moi/ khoi lava/ puffed rice along with jaggery and cardamom powder into a big bowl or plate.
- Add sesame seeds and ghee to the mixture and mix everything well.
- After greasing your hands with ghee, pinch a small portion of the mixture to give it the shape of a laddoo.
- Follow the same process with the remaining mixture.
- Once the laddoos have been made, they can be garnished with raisins or nuts of your choice. (These laddoos can be kept in the refrigerator so they can be consumed later!)

SATTU LADDOO

INGREDIENTS
- Sattu Flour: 1 cup
- Jaggery Powder: ½ cup, as required
- Ghee: 4 tbsp
- Cardamom Powder: ¼ tsp

METHOD
- Heat 1 tsp ghee in a kadai or a pan.
- Add sattu flour to it and mix it with the ghee. The sattu flour must be roasted on a low flame. Ensure that you continue stirring the mixture for 2-3 minutes.
- The sattu can then be transferred into a separate bowl.
- Add jaggery powder and cardamom powder to the sattu and mix everything well.
- Add 3 tsp of ghee to the mixture and give it a nice mix as well.
- Now, shape the mixture into laddoos, ensuring that the mixture remains warm.
- If you're still unable to form the laddoos, some ghee can be added into the mixture.
- The sattu laddoos can then be served as a sweet snack.

Recipes from The Tastes of India Podcast on Audible

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Survey conducted at govt, aided schools reveals 16,763 students in Bengaluru suffer from various vision problems — this number is highest in state; rising screen time, diet deficiencies to blame

OUT OF FOCUS

PIC FOR ILLUSTRATIVE PURPOSE ONLY

Doctors say parents remain unaware of their children's deteriorating eyesight until problems become severe

Sridhar.Vivan@timesofindia.com

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Bengaluru's screen-obsessed schoolchildren are topping a list — but not a list we must celebrate. The city has topped the charts for the highest number of students diagnosed with vision problems, raising serious concerns about the digital lifestyle of today's generation. According to data from the Rashtriya Bal Swasthya Karyakram (RBSK) for the academic year 2024–25, a staggering 16,763 students in Bengaluru were found to have visual impairments — the highest among all districts in Karnataka.

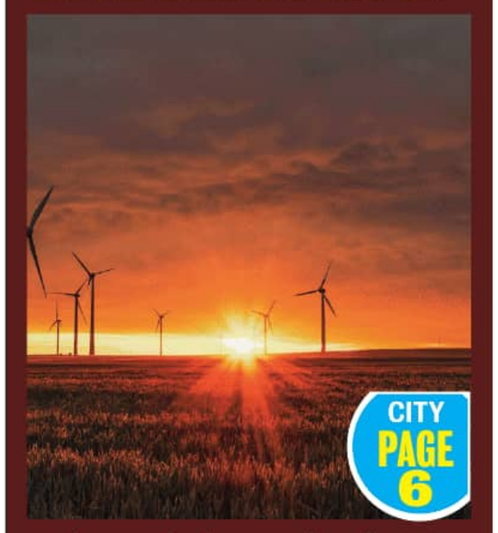
The survey, conducted by the Department of Health and Family Welfare across government and aided schools, screened children aged 6 to 16 years and revealed a disturbing trend: as technology and screen time surge, so do eye-related health issues. Statewide, over 1.53 lakh children were diagnosed with vision issues, with girls outnumbering boys—89,518 compared to 64,425.

While the issue is prevalent across Karnataka, BBMP limits recorded the highest concentration of affected students, with Belagavi (15,222 cases) and Kalaburagi (10,796) not far behind. The findings shine a spotlight on the unintended consequences of digital dependence among

CONTINUED ON PAGE 11 »

> "We must limit children's mobile use strictly to educational purposes. Parents must lead by example and educate kids about screen-related risks
>
> — V Kriti, ophthalmologist

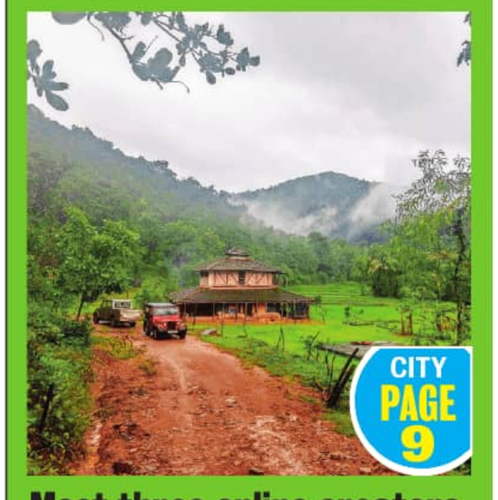
Windcheater



CITY PAGE 6

Low wind speeds along Karnataka's coastline render it unviable for offshore wind energy projects

Precious stories



CITY PAGE 9

Meet three online creators, who are keepers of stories woven deep within the fabric of Karnataka

THINGS TO DO

01 Local art, music and more

Indiranagar Social brings you 'Soul Bazar' where you can discover homegrown brands, local artists, and lifestyle creators. The day-long event includes art, music, and shopping, ending with a rhythmic DJ set. **Where: Social, Indiranagar; When: August 31, 2 pm onwards**

02 Street art with LEFT

Social in collaboration with renowned Bengaluru artist LEFT is hosting a graffiti workshop on August 30 from 4 to 7 pm. Participants can learn graffiti techniques, create their own canvas and indulge in an afternoon of creativity, music, and community. **Where: Social, Koramangala; When: August 30, 4 pm to 7 pm**

03 Vegan vibes at Namu

Namu recommends vegan market is back with its 15th edition, collaborating with over 130 brands showcasing cruelty- free beauty, sustainable fashion, plant-based food, and many more. Family and pet-friendly, with live food stalls, desserts, and specialty drinks. **Where: Chamara Vajra, Jayamahal; When: September 6 to 7, 12 pm to 8 pm**

04 Rhythms of tradition

Enjoy elegance in motion at Cubbon park with a Kuchipudi dance performance by Sree Veena Mani and her troupe, organised by the Karnataka State Department of Horticulture in association with Heritage Beku. **Where: Band stand, Cubbon Park, Ambedkar Veedhi; When: August 30, 4 pm to 7 pm**

05 Spotlight your voice

Urban solace invites you to 'Soupstage', an open mic featuring poetry, music, comedy, and storytelling, where performers get 10 minutes to perform their art. **Where: Urban Solace, Ulsoor; When: September 4, 8 pm to 9:30 pm**

ISRO prepares for historic leap with Gaganyaan Launch

India's space ambitions soar as human spaceflight completes major milestones and prepares its first uncrewed launch as astronauts complete advanced training

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Countdown to Gaganyaan Launch begins

The much-anticipated Gaganyaan human spaceflight programme, spearheaded by ISRO, is steadily gaining momentum, with several crucial milestones already achieved and timelines aligning for the first uncrewed launch. Minister of State in the Prime Minister's Office and Department of Personnel, Public Grievances & Pensions, Dr Jitendra Singh, provided a detailed update on the progress in Parliament this week, underlining the government's commitment to India's cosmic ambitions.

The development and ground testing of the Human-Rated Launch Vehicle (HLVM3) have been completed. Both the Crew Module and Service Module propulsion systems have undergone successful testing. The engineering model of the Environmental Control and Life Support System (ECLSS) is also ready.

A critical component of the mission, the Crew Escape System (CES), has seen five types of motors developed and successfully static-tested. For mission operations and safety, a range of infrastructure has been established, including the Orbital Module Preparation Facility, Gaganyaan Control Centre, Crew Training Facility, and major modifications at the Second Launch Pad.

The first major precursor mission, a Test Vehicle-D1 (TV-D1) flight to validate the CES, was successfully carried out. Additionally, the flight operations and communication network have been configured, with terrestrial links and IDRSS-1 feeder stations in place. The crew recovery plan and associated logistics have also been finalised.

India's space programme enters a decisive phase after successful trials, crew training progresses and mission infrastructure is finalised

Mission prep: crew in final phase

The first uncrewed test flight (G1) is in advanced stages of preparation. The CES motors and Crew Module structures have been realised, and Phase-1 safety checks are complete. This mission will lay the groundwork for the first human flight to follow.

India's first batch of astronauts—dubbed Gaganyatris—have also progressed further towards their historic flight. Four Indian Air Force pilots, selected from various states including Uttar Pradesh, completed their generic spaceflight training in Russia at the Gagarin Cosmonaut Training Centre between February 2020 and March 2021. They are currently in mission-specific training at the Astronaut Training Facility (ATF) in Bengaluru, with two semesters already completed. The third and final semester is set to begin soon.

India builds its cosmic future

The Gaganyaan mission is not just a standalone effort but a stepping stone towards the establishment of India's own space station — the Bharatiya Antariksh Station (BAS). Once ISRO proves its human spaceflight capability through Gaganyaan, work on BAS will intensify.

The proposed space station is expected to enable India to conduct cutting-edge research in pharmaceuticals, health, biotechnology, and agriculture. It will also position India as a contributing partner in international space collaborations.

As the countdown to India's first human spaceflight continues, the Gaganyaan mission is shaping up to be a transformative chapter in the country's space journey, opening the door to long-term human presence in low-Earth orbit.

Teachers' strike deferred, Cabinet to decide on demands

The statewide strike called by the Primary School Teachers' Association on September 3 has been temporarily deferred following an assurance from Education Minister Madhu Bangarappa that teachers' demands will be discussed at the state cabinet meeting on September 4. The minister held a meeting with the department's principal secretary, commissioner, and association representatives, urging teachers to withdraw their protest until a decision is made.

Teachers have been pressing for several demands, including amendments to the 2017 recruitment rules, recognition of pre-2016 recruits with degrees as graduate teachers, promotions based on seniority, and reduction of non-teaching workload. Association president Chandrashekar Nuggali said the future course of action would depend on the cabinet's decision, warning that if promises are not fulfilled, teachers may resume their agitation. **— BMB**

Labourer clears NEET

Amid the dust and grind of a Bengaluru construction site, 19-year-old migrant worker Subham Sabar quietly nurtured a dream many thought impossible. The son of daily wage earners from Odisha's Khurda district, Subham had come to the city to support his family, working long hours as a labourer and saving part of his meagre earnings. But even as he carried bricks and mixed cement, he carried with him the determination to become a doctor. That grit paid off when he cracked the NEET UG Exams, securing admission to the MBBS course at MKCG Medical College in Odisha. Subham's journey — from construction worker in Bengaluru to future doctor — stands as a powerful reminder that resilience and hard work can help break through even the harshest circumstances. **— BMB**

Protest in Hennur: Residents seek better roads and drainage

Residents of Hennur gathered at Robin's Shop on Saturday to protest ongoing civic issues in their area. The residents chose the weekend to avoid causing inconvenience to school children and working parents. According to the protesters, inspections by officials and assurances of repair work are repeated every year before the monsoon, but no action is taken afterwards. As a result, the problems continue year after year without resolution. The residents also raised concerns about the proposed white-topping work on Hennur-Bagalur Main Road. They said the project should not commence before the drainage system is improved and the railway underpass is widened. **— BMB**

MA Saleem appointed new DGP & IGP

The Karnataka government on Friday appointed senior IPS officer Dr. MA Saleem as the new Director General and Inspector General of Police (DGP & IGP), the head of the state police force.

According to the official notification issued from Vidhana Soudha on Saturday, Saleem, a 1993-batch IPS officer, will assume charge with immediate effect. He was previously serving as the Director General of Police, Criminal Investigation Department (CID), Special Units, and Economic Offences in Bengaluru.

The order states that Saleem will hold the post with immediate effect and until further orders" in the existing vacancy. The appointment carries the Apex Scale, Level-17, with a fixed pay of ₹2,25,000 as per the IPS (Pay) Rules, 2016.

Known for his extensive experience in policing, traffic management, and crime investigation, Dr. Saleem has held several key positions during his career. His appointment comes at a crucial time, with the state government emphasising reforms in law enforcement, crime prevention, and public safety. **— BMB**

Man, father held for sexual assault

The Subrahmanyanagar police have arrested a 30-year-old man for allegedly raping and blackmailing a woman he met on Facebook, while his father has also been booked for sexual assault.

The accused, a resident of Basaveshwaranagar, was taken into custody following a complaint filed by a 24-year-old woman from Subrahmanyanagar. According to police, he befriended the victim on Facebook a few years ago and later developed a close relationship with her. He allegedly recorded private videos of her and used them to blackmail her.

Police officials explained that between April and August 20, the man allegedly raped the woman multiple times. He even installed a GPS tracker on her two-wheeler to monitor her movements. When she discovered this, she lodged a complaint with the police. Despite initially apologising, he later resumed his threats, sending her videos again and coercing her into sexual relations.

The complaint further states that the man's father, who works in the real estate business, also blackmailed the woman. After coming across her private videos on his son's phone, he allegedly called her and threatened to release the content unless she agreed to have sexual relations with him and with others he named. **–BMB**

Priest arrested for abusive remarks against CM Siddaramaiah

The Kengeri police on Saturday arrested a priest for allegedly making abusive and derogatory remarks against Chief Minister Siddaramaiah while reacting to the upcoming Dasara festival celebrations.

A few days ago, Gururaj, while speaking to a private news channel, allegedly used offensive language against the CM regarding Dasara celebrations. The video of his comments quickly went viral on social media, sparking outrage. Following the circulation of the video, the police registered a suo moto case and based on the complaint, police arrested Gururaj on Saturday around 3 pm. He was later produced before the magistrate.

Though Gururaj Achar was initially claimed to be associated with the Sri Raghavendra Seva Samithi Trust, the Raghavendra Swamy Mutt distanced itself from Gururaj's remarks. In a statement, Mutt Secretary JS Bharadwaj clarified that the comments were his personal views and not linked to the institution. "The Mutt strongly condemns his statement. Gururaj has been suspended from his duties with immediate effect," the statement read. **–BMB**

Firecracker ban after teen dies in Ganesha procession

The Bengaluru Rural District Commissioner has imposed a ban on the use of firecrackers during Ganesha idol processions, religious events, and political programmes after a tragic incident claimed the life of a Class 10 student and left nine others injured.

On Friday evening, 15-year-old Muni alias Dhanush succumbed to severe burn injuries after firecrackers exploded during a Ganesha idol immersion procession in Mathur village, under Doddaballapura police station limits. Nine others, including a police constable and members of the public, were also injured. The victims include Yogesh, who remains critical, along with Zakir Hussain (constable), Muniraju (forklift driver), Nagaraju, Chethan, Ganesh, Lokesh, Manikayya, and Dhanyananda.

According to police, the idol was being carried on a forklift when a bag of firecrackers kept behind the driver's seat suddenly ignited around 5.45 pm. Investigators suspect the crackers overheated due to their proximity to the vehicle's engine, triggering the explosion after the forklift had been moving for nearly 30 minutes. **–BMB**

Rowdy-drug peddler arrested

The Chamarajpet Police of the West Division have arrested a notorious rowdy and drug peddler, Syed Mubarak, under the PIT-NDPS Act for his continued involvement in the sale of ganja across Bengaluru.

Mubarak, active since 2018, along with his accomplice, had been procuring ganja from outside the state and supplying it in the West and North divisions of the city. Several criminal cases were earlier registered against him, but after securing bail, he absconded and resumed drug peddling, ignoring court summons. **–BMB**

Snake hidden in footwear bites man

A 41-year-old man died after being bitten by a snake that had hidden inside his slippers in Ranganath Layout, Bannerghatta, on the outskirts of Bengaluru.

The deceased has been identified as Manju Prakash. On Saturday morning, Prakash was preparing to leave home when he unknowingly wore his slippers that had been left in the courtyard overnight. A snake had crawled inside and remained unnoticed.

Prakash, who had lost sensation in one leg due to an earlier accident, was unable to feel the bite. He went out briefly and later returned home to rest. The venom spread while he slept, and he died without realising he had been bitten.

A neighbour, on noticing something unusual about the slippers, found the snake dead inside and immediately alerted the family. By the time they rushed to check on Prakash, he was already unresponsive. **–BMB**

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NOTIFICATION

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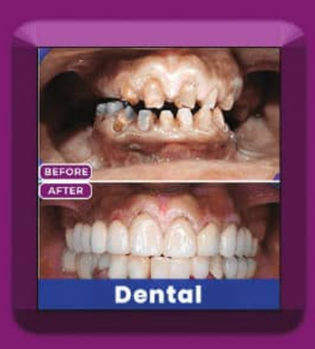

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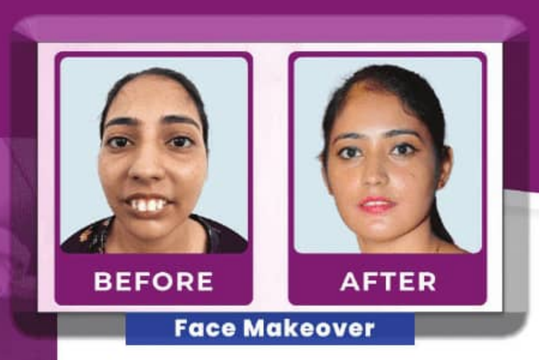

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Banashankari residents fume due to toxic waste plant and houseflies

After pleas get ignored for over a decade, locals plan rally to draw attention to perils of hazardous emissions, leachate pollution, and unchecked odour from BBMP's Lingadheeranahalli facility

Garima Prasher
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TWEETS @BangaloreMIRROR

Residents of Banashankari 6th Stage continue to live in distress as they battle persistent health issues, allegedly caused by the Bengaluru Solid Waste Management Limited's (BSWML) processing unit in Lingadheeranahalli.

For more than a decade, locals say toxic chemicals released from the plant, coupled with foul odour, swarms of flies, and a rampant mosquito menace, have made life unbearable. Despite repeated complaints to civic and regulatory authorities, no effective measures have been taken to resolve the crisis, leaving residents deeply frustrated.

In response, locals have now decided to organise a jaatha against the plant to draw attention to what they describe as an ongoing public health and environmental disaster.

"The jaatha is being organised to highlight environmental damages and health hazards caused by the Lingadheeranahalli waste management plant. Residents have been facing various health issues due to toxic chemicals and odour, while houseflies and mosquitoes have become unmanageable in the entire layout," said BV Krishnamurthy, a resident.

The protest march is scheduled to begin at 9.30 am from the waste plant and will culminate at Chikkegowdanapalya on August 31.

The BSWML plant, set up by the Bruhat Bengaluru Mahanagara Palike (BBMP) in 2015, was designed to process up to 200 tonnes of solid waste daily. However, residents argue that instead of solving problems, it has brought with it a decade of continuous health and environmental hazards.

"The odour is extremely strong and can be felt within a two-to-three-kilometre radius, depending on wind direction and speed. It is especially unbearable during the night. Residents cannot keep doors and windows open. Many are facing respiratory issues and other health concerns. Though the KSPCB conducted a study on air and water pollution, it was nothing more than eyewash. Leachate continues to be dumped into water bodies and stormwater drains. It has been ten years, but the management of the unit remains ineffective," said Keshav Prasad HS, a resident of the BDA layout.

Unhealthy living conditions have forced families to relocate, leaving new homes vacant

"We, along with other residents, are facing health concerns including respiratory issues, skin rashes, and recurring fever. Even animals are developing skin infections – Rashmi Mavinkurve, resident

Residents also recall that while the Supreme Court allowed BBMP to continue operations of the plant under certain conditions, those conditions were never fulfilled. They allege that the Karnataka State Pollution Control Board (KSPCB) has been indifferent to their long-standing complaints.

The constant stench means residents are inhaling toxic gases daily, while hundreds of flies invade homes throughout the year. "My house is right opposite the plant. We, along with other residents, face recurring health concerns such as respiratory problems, skin rashes, and fevers. Even pets and cattle are suffering from skin infections. At any given time, 400–500 flies swarm inside our house, falling into food and creating unhygienic conditions. The plant also continues to release toxic water into stormwater drains," said Rashmi Mavinkurve, another resident. The unhealthy environment has already driven many families to relocate, while others who have constructed houses are deferring their move-in dates due to the hazardous conditions.

"The plant has seriously affected residents' health; sleepless nights are common because of the smell, flies, and mosquitoes. Repellents do not work. Mosquitoes in the night and flies during the day sit on food and even on people while sleeping. This has become a public health hazard, especially for children and senior citizens," said Nataraj, another resident. With no relief in sight, residents believe the jaatha is their only option to pressure authorities into addressing a civic nightmare that has stretched on for nearly a decade.

GBA headquarters, zonal offices allocated

The office spaces for the Greater Bengaluru Authority (GBA) headquarters and five new city municipalities have been finalised. According to an order issued by the Deputy Commissioner of the BBMP Administration Division, the GBA central office will function from Annex-1 and Annex-2 buildings located within the BBMP head office premises. Each of the five city municipalities will operate with two zones, for which existing BBMP zonal offices have been earmarked. For Bengaluru Central City Municipality, the East Zone office and Annex-3 building at the BBMP head office have been designated. For Bengaluru East, the Mahadevapura office and KR Puram Chief Engineer's office will serve as zonal offices. Bengaluru West will function from the RR Nagar Zonal Office and Chandralayout Municipal Office, while Bengaluru North will operate from Yelahanka and Dasarahalli zonal offices. Bengaluru South will function from the South Zone and Bommanahalli offices. **— BMB**

K'taka doubles property registration fee to 2%

Starting August 31, property buyers in Karnataka will have to shell out more as the registration fee has been doubled from 1% to 2%, taking the total registration and stamp duty charges to 7.6% of the property's market value. Until now, buyers of plots, land, flats, and houses were paying 1% registration fee along with 5.6% stamp duty, totalling 6.6%. With the new hike, the registration fee itself has gone up to 2%, significantly raising the overall cost of property transactions. The Revenue Department has issued an order making the revised fee applicable from August 31, even to those who have already booked appointments after paying the earlier rate. Such applicants must pay the difference through the official portal using their existing login. For documents already under verification, the fee will be recalculated as per the new rate, and applicants will be required to pay the balance before completion of registration. The department has directed all sub-registrars to strictly implement the revised charges. **— BMB**

Railway Ministry mulls suburban rail takeover

Bengaluru's long-delayed Suburban Rail Project is unlikely to be completed by the December 2026 deadline, with only two of the four corridors expected to be ready. Highlighting persistent hurdles, Union Minister of State for Railways V Somanna said the Railway Ministry is considering taking over the entire project for faster execution. A letter has already been sent to the state Chief Secretary, and discussions with the Chief Minister and the railway minister will be held soon before a final decision is taken. Somanna further announced that within the next three years, 175 level crossings within a 100-km radius of Bengaluru will be converted into either road underpasses or overbridges. The Centre will fully fund these works, while a coordination committee headed by Additional Chief Secretary for Urban Development, Tushar Giri Nath, has been formed to streamline inter-departmental efforts. **— BMB**

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Drug menace

Guddadahalli

Behind a school in New Guddadahalli on Mysore Road, local youths are reportedly indulging in drugs such as insulin and ganja, raising serious safety concerns in the neighbourhood.

Pedestrian inconvenience

Rest House Road

Cement and construction debris are damaging the pavement on Rest House Road, causing inconvenience to pedestrians. Despite repeated complaints to the BBMP, no remedial action has been taken so far.

Broken footpath

Kumara Krupa Road

The footpath near Shivananda Circle on Kumara Krupa Road is in a dilapidated state, causing serious inconvenience and safety risks for pedestrians.

Rowdies on the prowl, allege Ramamurthy Nagar residents

Video of goon wielding machete goes viral on social media; residents complain miscreants caught using intoxicants in public spaces,police not acting tough

| Y Maheswara Reddy
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TWEETS @BangaloreMIRROR

Residents of Ramamurthy Nagar are worried about their safety from rowdy elements and drug addicts. They said the rowdy elements have become a nuisance and also a threat to them in the area. They want jurisdictional police to act tough against such elements to ensure peace in the locality.

For example, a video of a rowdy wielding a machete went viral on social media. It is claimed that police remain apathetic while rowdy elements rule the roost in Ramamurthy Nagar. "The incident took place near my house. They threatened my son for videographing the shocking incident. I was not at home when the incident took place", said Jagankumar J, a resident.

He said that police found a drug addict wandering near my house during the night rounds last week. "I came to know that the police found an iron rod and a match box in his possession. When the police opened the match box, they found MDMA drugs. The police took the drug addict to the police station. I have no information whether the police let him go or registered an FIR against him", he said.

Paramesh V, a social activist, demanded the police to act tough against miscreants who pose danger to the residents. "The incident of a rowdy wielding a machete near a RTI activist's house is quite disturbing. I do not know the motive of the rowdy but police have to take action against him for creating a ruckus at a residential area situated just half a km away from Ramamurthy Nagar Police Station," he said.

A rowdy weilding a machete at Ramamurthy Nagar

> **Police must make Ramamurthy Nagar free from drug menace and rowdy elements. This area is also famous for land grabbing incidents. I hope the police take tough action to ensure peace in Ramamurthy Nagar** – Resident

Meanwhile, a resident on the condition of anonymity said that drug-peddlers do business without any hurdles around KR Puram Railway Station. "I want the police to make Ramamurthy Nagar free from drug menace and rowdy elements. This area is also famous for land grabbing incidents. I hope the police take tough decisions to ensure peace in Ramamurthy Nagar", the resident said.

However, Ramamurthy Nagar Police Inspector said the person who created a ruckus at a residential area near Sri Kumaran's School has been arrested. "We have registered a FIR against him", the police inspector said.

Ramya online abuse: 12 arrested so far

The Bengaluru Police have so far arrested 12 individuals, all fans of jailed actor Darshan, for sending vulgar and threatening messages to Kannada actress and former MP Ramya after her remarks on the fan murder case. The Central Crime Branch has tracked 10 additional social media accounts and launched a search for those absconding, many of whom deleted posts and went underground. Ramya, who filed a complaint against 43 accounts — including some that issued rape threats — said she spoke up as a "voice for women," stressing that celebrities too must respect the law and set examples. With arrests spanning Bengaluru, Vijayapura, Chitradurga, and parts of north Karnataka, police continue their crackdown on misogynistic online abuse, drawing strong reactions from women's groups and the film industry. **–BMB**

RCB pledges financial aid, launches CARES

Royal Challengers Bengaluru (RCB) have pledged 25 lakh each to the families of the 11 victims who lost their lives in the stampede outside M Chinnaswamy Stadium during the team's IPL victory celebrations on June 4. Expressing deep sorrow, the franchise said the assistance extends beyond financial aid, marking the launch of its new initiative, RCB CARES. The programme aims to provide sustained compassion and long-term support to the bereaved families. In a heartfelt statement, RCB said the victims were "part of the RCB family" and their absence would always echo in the community. The team assured that RCB CARES would stand as a lasting tribute, ensuring meaningful action and continued solidarity in honour of those lost. **–BMB**

Sai Shishir Tours – Where Every Journey Becomes a Memory

At a grand event organized by Vijay Karnataka in Malaysia, Sai Shishir Tours Managing Director Gajendra S.R. was felicitated with the "Global Achievers Award & Honor 2025" by popular Kannada actor Dolly Dhananjaya. Former Malaysian Minister Dato Dr. S.K. Devamany and MAPS Group Founder Datuk MAP Segarran graced the occasion

Travel today has become a part of everyone's lifestyle. With numerous tour operators emerging across the country, finding a reliable and affordable travel partner remains a challenge. Among the few trusted names, Sai Shishir Tours, headquartered in Sahakarnagar, Bengaluru, stands tall as a leader in offering the best national and international tour packages.

Sai Shishir Tours specialises in domestic as well as international travel, and has particularly carved a niche in the field of spiritual tourism, making it the first choice for devotees across India.

The company is especially popular for its affordable Shirdi tour packages, which include travel, food, accommodation, and local transport. With weekly departures, the Shirdi package has already been availed by lakhs of devotees over the years. Apart from Shirdi, the company offers pilgrimages to India's most sacred destinations such as Kashi, Vaishno Devi, Baidyanath, Puri Jagannath, Ayodhya, Ujjain, Kamakhya, Guruvayur, Rameshwaram, the 12 Jyotirlingas, Char Dham, Ajanta & Ellora.

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When it comes to international travel, the company offers cost-effective packages to Nepal, Sri Lanka, Malaysia, Dubai, Vietnam, Mauritius, Philippines, Langkawi, Phu Quoc Islands, Thailand, Bali (Indonesia), Bhutan, Cambodia, Singapore, Georgia, Kazakhstan, and more.

Why Choose Sai Shishir Tours?

For over a decade, Sai Shishir Tours has been delivering trusted travel experiences with skilled, dedicated guides appointed for every destination, offering multi-lingual support in Kannada, English, Hindi, Telugu, and Tamil. Travellers enjoy 24x7 personal care, premium hotel stays, and VIP darshan facilities at leading temples and pilgrim centers. With more than 1,000 successful tours and over one lakh happy travelers, the fact that 95% of them return for their next journey with Sai Shishir Tours stands as a true testament to its trust, quality, and customer satisfaction.

About the Company

Sai Shishir Tours was founded in 2014 at Maruthi Nagar, Madiwala, Bengaluru, by Mr. Gajendra and his wife, Yashaswini. Starting with Shirdi tours from Bengaluru, the company opened its Sahakarnagar branch in 2019, expanding rapidly into one of India's leading travel companies. Today, Sai Shishir Tours organizes domestic and international travel across the globe, supported by a team of over 50 dedicated staff members who ensure every trip is smooth, safe, and memorable. Special care is extended to senior citizens and family groups, making every journey stress-free.

With exclusive packages designed for women travelers, school trips, senior citizens, and family groups, Sai Shishir Tours has truly emerged as a travel companion for all.

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K'taka offshore wind plans stalled as low speeds dash hopes

Government shifts focus to Gujarat and Tamil Nadu, launching VGF scheme for 1,000 MW offshore wind projects amid Karnataka's viability concerns

Sridhar.Vivan
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TWEETS @sridharvMIRROR

Despite India's ambitious renewable energy targets, hopes for offshore wind energy along the Karnataka coast have been dealt a significant blow.

In a recent statement to Parliament, Minister of State for New & Renewable Energy and Power, Shripad Yesso Naik, confirmed that the low wind speeds along Karnataka's coastline render it unviable for offshore wind energy projects.

Preliminary assessments by the National Institute of Wind Energy (NIWE) indicate that the average annual wind speed off the Karnataka coast is only 5 to 5.2 metres per second. This falls short of the threshold required for economically viable offshore wind generation.

The minister clarified that, owing to these unfavourable conditions, no further studies — including geophysical surveys or LiDAR installations — are planned for Karnataka's offshore zone.

Instead, the Centre is focusing on more promising regions. Based on detailed studies conducted in collaboration with multilateral agencies, eight priority offshore wind zones each in Gujarat and Tamil Nadu have been identified for initial development. According to NIWE, these locations offer stronger wind resources and better infrastructure potential, making them suitable for offshore projects.

Eight priority offshore wind zones identified in Gujarat and Tamil Nadu, offering superior wind conditions, robust infrastructure for large-scale energy projects and sustainable opportunities

"Feasibility studies for offshore wind farm development off the coasts of Gujarat and Tamil Nadu have already been undertaken under the Facilitating Offshore Wind Energy in India (FOWIND) programme, with support from the European Union," Naik said.

To accelerate progress, the government has launched a Viability Gap Funding (VGF) scheme for offshore wind projects. The scheme targets 1,000 MW of offshore wind capacity, split between Gujarat and Tamil Nadu, with 500 MW each serving as pilot sites. The funding mechanism is expected to bridge financial gaps and encourage private sector participation in what remains a high-investment segment.

> **"Feasibility studies for offshore wind farm development off the coasts of Gujarat and Tamil Nadu have already been undertaken under the Facilitating Offshore Wind Energy in India (FOWIND) programme**
>
> –Minister Shripad Yesso Naik

Experts note that Karnataka remains a key player in India's onshore wind and solar energy sectors. However, its offshore wind potential appears unlikely to materialise under current meteorological and technological conditions. The government's shift towards Gujarat and Tamil Nadu highlights the critical role of viable wind speeds and favourable site conditions in shaping India's renewable energy roadmap.

K'taka CM urges action on atrocities

Karnataka Chief Minister Siddaramaiah on Saturday acknowledged the persistence of caste discrimination in the state, stressing the need to address atrocities against marginalised communities. Speaking at the Raj Bhavan during the President's Medal Award Ceremony for distinguished Home Department officers, he emphasised that such cases must be taken seriously. Siddaramaiah pointed out that while District Crime Records Bureau (DCRB) police stations have been set up in every district, their performance remains unsatisfactory. "Officials must take this seriously to achieve the government's goal of ensuring safety for marginalised groups," he said. Highlighting concerns over justice delivery, he noted that Karnataka's conviction rate in atrocity cases against Scheduled Castes and Scheduled Tribes is significantly lower than other states. **–IANS**

Online gaming: Centre's response sought

The Karnataka High Court on Saturday sought the Union government's response to a petition challenging the Promotion and Regulation of Online Gaming Act, 2025, which petitioners claim could destroy the livelihood of thousands overnight. The matter was heard by Justice B M Shyam Prasad, who granted time to the Centre to file its reply and allowed the petitioners to present detailed arguments supporting their plea for an interim stay on the Act's operation.

Senior counsel for the petitioners argued that although the Act has received Presidential assent, it has not been notified yet. Immediate implementation, he warned, would deal a severe blow to the gaming industry. "If this industry is shut down overnight, the consequences will be serious. The government should either withhold notification until we are heard, or give at least a week's notice," counsel submitted. Appearing for the Centre, Solicitor General Tushar Mehta contended that this was the first time a court would review such legislation with cross-border implications. **-PTI**

Bangalore Mirror Readers Make Ganesh Chaturthi Truly Special

We thank our readers for the overwhelming response in sharing their cherished family moments with Lord Ganesha idols this festive season. Each picture reflected the warmth, tradition, and spirit of Bengaluru, reminding us why Bangalore Mirror is more than just a newspaper — it is a part of every home, every celebration, and every story that matters to the city. Your love and participation strengthen our bond with the community and reaffirm our promise to remain the true mirror of Bengaluru's culture, voices, and emotions. We are delighted to publish a select few of these heartfelt photos shared by our readers.

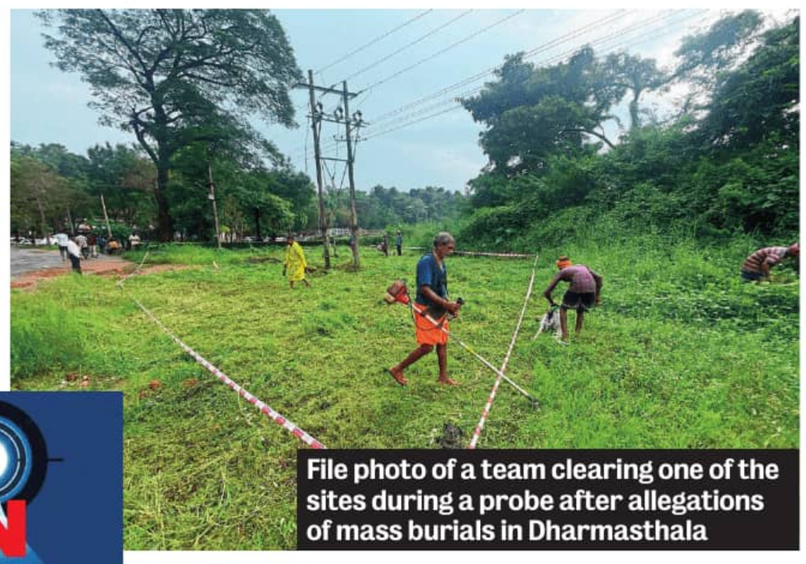
1. Bhaskar Rao Kollur and family
2. Jatin and Megha
3. Danica and family
4. Pappu Raj with Family member
5. Chutika and family
6. Harshawardhini Prakash and family

'Impossible to ask SIT to give time-bound report'

Team asked to fast-track probe, but it has to reach conclusion as per its findings, says Home Minister Parameshwara

Karnataka Home Minister G Parameshwara on Saturday stated that it is impossible to ask the Special Investigation Team (SIT) to submit its report on the alleged Dharmasthala mass murder case within a time-bound framework.

Speaking to reporters in Bengaluru, HM Parameshwara said, "We have only asked the Special Investigation Team (SIT) to expedite the probe into the alleged Dharmasthala murder case. It is not possible to ask them to submit a report within a fixed timeframe."



File photo of a team clearing one of the sites during a probe after allegations of mass burials in Dharmasthala

IN FOCUS
DHARMASTHALA CASE

He added that it is currently unclear which direction the investigation is heading. "If the investigation is completed early, the report will be submitted accordingly. Otherwise, the SIT will continue probing the case until they reach a conclusion," he said.

"These are not matters where we can demand that the investigation be completed in a certain manner or within a stipulated period. A specific timeframe cannot be given in this case," Parameshwara emphasised.

He reiterated that the SIT has been asked to fast-track the probe into the case, but ultimately, the decisions lies with the investigating team.

"The SIT is conducting the investigation. Until the probe is complete, neither they nor we are supposed to make any comments. All we can say is that the investigation should be expedited," he stated.

Parameshwara further added that the SIT will carry out the probe as per the terms of reference given to them. If new information comes to light, the team will decide on the next course of action.

"We will not issue any directions to the SIT," he underlined. Commenting on the complaint filed with the SIT regarding the alleged gang rape and murder of student Sowjanya in 2012, HM Parameshwara said the SIT will look into the matter and take an appropriate decision.

When asked about the rallies held by the BJP and JD(S) in Dharmasthala and the issue taking a political turn, he responded, "Whatever the case may be, we cannot ask the SIT to complete the probe by next week." Responding to a question about the demand for a National Investigation Agency (NIA) probe, he said that when such demands are made, people must understand that an investigation is already underway and there are no objections to it. "Even the Dharmadhikari of Dharmasthala has welcomed the probe," he added.

"I have made it clear that there is no necessity for an NIA probe," he stated. Regarding reports of complainant Chinnaiah being brought to Bengaluru, Parameshwara said, "I don't have any information about that. The SIT does not act based on my directions or anyone else's statements. They will follow due procedure. Excavation samples have been sent for forensic analysis." –IANS

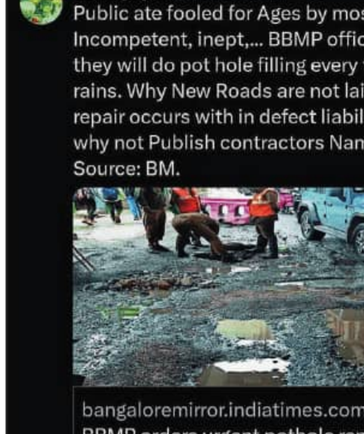
Spot inspection at B'luru activist house

A Special Investigation Team (SIT) on Saturday carried out a spot inspection at the rented residence of activist T Jayant in Peenya as part of the ongoing probe.
The team brought the complainant – Maskman Chinnya from Belthangady in two vehicles under tight security and conducted Mahazar at Jayant's residence. The complainant had earlier claimed that the bodies were buried in Dharmasthala and he had stayed with Jayant for three days.
Jayant was not present at home during the search. However, investigators recorded statements from his wife and children and neighbours. BMB

SOCIALTATTLE

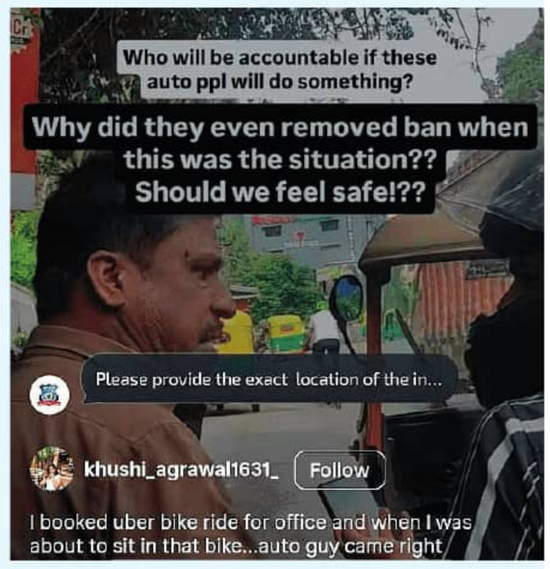
THAT WENT VIRAL

1 A citizen's post on Reddit about BMTC electric bus drivers hit a chord. The post read: "BMTC electric bus drivers are some of the worst on the roads, with zero traffic sense." This is after they saw a driver speed and switch on the left indicator while standing on the right. https://www.reddit.com/r/Bengaluru/s/BD1LcoC2Rp


RCB CARES:
OFFICIAL ANNOUNCEMENT
Our hearts broke on June 4, 2025.
We lost eleven members of the RCB family. They were part of us. Part of what makes our city, our community & our team unique. Their absence will echo in the memories of each one of us.
No amount of support can ever fill the space they've left behind. But as a first step, and with the deepest respect, RCB has extended ₹25 lakh each to their families. Not just as financial aid, but as a promise of compassion, unity, and ongoing care.
This is also the beginning of RCB CARES: a long-term commitment for meaningful action that begins by honouring their memory. Every step forward will reflect what the fans feel, expect, and deserve.
More details on RCB CARES soon...
RCB CARES

2 RCB's announcement on 'RCB CARES' to Support Families of Deceased Members: "As an immediate step towards supporting the affected families, RCB has extended 25 lakh each to the next of kin. The management clarified that this financial support is not just monetary aid, but a gesture of compassion and solidarity. This is a promise of unity and ongoing care" read the team's statement. https://x.com/RCBTweets/status/1961647347987091595?t=DudA52CTIWKad8bdHQupXw&s=08 (

3 A reel on Instagram about an auto driver's rowdy-like behaviour caught attention. https://www.instagram.com/reel/DNxSl2z5ETz/?igsh=eHM3YTl0dmhrMG5n


Who will be accountable if these auto ppl will do something?
Why did they even removed ban when this was the situation?? Should we feel safe!??
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I booked uber bike ride for office and when I was about to sit in that bike...auto guy came right

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Public ate fooled for Ages by most Incompetent, inept,... BBMP officials that they will do pot hole filling every time it rains. Why New Roads are not laid and if repair occurs with in defect liability period why not Publish contractors Name?
Source: BM.
bangaloremirror.indiatimes.com
BBMP orders urgent pothole repairs across Bengaluru
51

BANGALORE MIRROR TAGGED
Our story on BBMP's order to repair potholes got a X user riled up. Why are new roads not laid, and why are contractors? Valid questions from @ksvenu247

INBRIEF

Inter-caste relation: Man accused of killing daughter

In a suspected case of honour killing, a man allegedly murdered his daughter and then burnt her body over her inter caste affair in Karnataka's Kalaburagi district.
The incident occurred in Melakunda village in Kalaburagi taluk, within the jurisdiction of the Farhatabad police station.
The accused, identified as Shankar Kolkur, has been arrested. The police are searching for the other two accused, Sharanu and Dattappa, who assisted him in the crime.
According to the police, the victim, 18-year-old Kavitha from the Lingayat community, was a second-year PU student. Kavitha, who was travelling to Kalaburagi city for her studies, was in a relationship with Malappa Poojari, a young man from the Kuruba community from the same village.
Four months ago, her family discovered her relationship and stopped her from attending college.
Kavitha challenged her parents, stating she would only marry Malappa and would elope with him if they did not agree.
According to the police, her father, Shankar, and the two relatives strangled her to death. They then tried to make it seem as if she had died after consuming a pesticide. –IANS

Om Prakash murder: Wife's judicial custody extended

The sessions court has extended the judicial custody of Pallavi, the wife of slain ex-DGP Om Prakash, in the case related to the murder of her husband, while ensuring she is provided legal representation through free legal aid.
During her virtual production from prison, the court was informed on Friday that Pallavi did not have a lawyer. On enquiry, she told the bench, she was unable to afford legal counsel.
The court offered her assistance through the District Legal Services Authority (DLSA), to which she consented. Directions were issued to the DLSA to appoint an advocate who will keep her informed and consult with her on developments.
Separately, Vinay Kumar Singh, counsel for the de facto complainant, filed a vakalat along with an application under Section 338(2) of the Bharatiya Nyaya Sanhita (BNS), seeking permission to assist the prosecution. The court allowed the plea, enabling him to work alongside the Special Public Prosecutor during the trial.
Judicial custody of Pallavi has been extended until the next hearing, scheduled for September 12.
On April 20, the 68-year-old IPS officer was found dead under mysterious circumstances at his HSR Layout residence in Bengaluru, following which his wife was arrested on charges of murdering him, on a complaint filed by their son Kartikesh. –PTI

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BENGALURU SPEAKS

and gets heard on this page

STORY BEHIND THE PHOTO

SILENT FOREST SENTINEL

Our reader shares a captivating image of a Brown Fish Owl perched patiently near a tranquil waterbody in the BRT Tiger Reserve. With sharp eyes scanning the surface, this majestic tree-dwelling hunter awaits its slippery prey, its powerful talons perfectly evolved for the catch. A silent testament to the precision and grace of nature's top predators.

The picture was clicked by reader **NJ Ravi Chander**

If you have a picture and a story to share, send us the picture with your name and number at **mybangaloremirror@timesofindia.com**

Vacant plot in Jayanagar turns into garbage dump, residents outraged

Illegal dumping at Rajanna Layout sparks health crisis as rats, mosquitoes breed unchecked, residents demand urgent BBMP intervention and property owner accountability

A vacant site at 4th Cross, Rajanna Layout, RBI Extension, Byrasandra in Jayanagar 3rd Block has become an illegal dumping ground, triggering serious health concerns among residents. For months, the plot has been used to dispose of household waste, broken furniture, drainage debris, and other garbage, creating an unhygienic and hazardous environment.

Residents allege that despite repeated requests to the property owner, no action has been taken. Instead, the owner suggested that neighbour's approach civic authorities. "The vacant site has become a hub for garbage dumping. A foul smell spreads constantly; rats have started digging into our drainage system and we are facing a mosquito menace. This is putting our children and families at serious risk," said Syed, a local resident who reported the issue to Bangalore Mirror. He added that some tenants in his building are unwilling to continue their stay due to the unhygienic conditions, causing financial and emotional distress.

Neighbours say the problem has escalated beyond a nuisance to a public health concern. The garbage pile has led to a rat infestation, damaging drainage systems and even weakening structural foundations of nearby houses. Stagnant water and decomposing waste have turned the area into a breeding ground for mosquitoes, heightening the risk of vector-borne diseases such as dengue and malaria. "The worry is not just about the stench—it is about the risk of a health outbreak," said another resident.

Despite several complaints to the BBMP, residents allege that no effective measures have been taken so far. "We have been following up with the civic body, but the site remains the same. The lack of timely intervention is forcing us to live in unhealthy conditions," said a resident.

Locals have now demanded immediate action from the BBMP, including cleaning the site, penalising the property owner under public health and sanitation laws, and fencing the plot to prevent further dumping. Community members also stress that this is not an isolated case. Across Bengaluru, vacant plots often turn into garbage dumps, creating a cycle of neglect and health hazards. Residents are urging stricter monitoring, regular inspections, and heavier penalties for property owners who fail to maintain their sites. "This is not just about one plot—it's a city-wide problem. Unless BBMP acts firmly, residents will continue to suffer," said a neighbour. — BMB

Community fears outbreak as vacant site turns into rat and mosquito hub, damaging homes and posing serious public health concerns

DID YOU KNOW?

NASA announced Tuesday that the James Webb Space Telescope has discovered a tiny new moon orbiting Uranus. Detected by the telescope's near-infrared camera during observations in February, the moon measures only about six miles (10 kilometres) across. Its faintness and small size likely allowed it to remain undetected for decades, even during Voyager 2's historic flyby nearly 40 years ago. This discovery increases Uranus' known moon count from 28 to 29. The planet's moons are traditionally named after characters from Shakespeare and Alexander Pope, though this new find remains unnamed. About half of Uranus' moons are relatively small and orbit close to the planet, similar to this latest addition. Planetary scientist Matthew Tiscareno of the SETI Institute, part of the discovery team, suggested this could be the tip of the iceberg. "There's probably a lot more of them, and we just need to keep looking," he said, hinting at future discoveries. — AP

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9591233247
Let's see how much you know about Namma Bengaluru, folks. Tell us something incredible and mind-boggling about this beautiful city and our editors and researchers will check it out. If it's credible, we'll give it a shout-out, with your name and picture.

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Trump claims he ended Congo war, locals say conflict far from over

Claim: US President Donald Trump asserted that he ended the decadeslong war in eastern Congo after brokering a peace deal between Congo and Rwanda in June, saving millions of lives.
Fact: Clashes between M23 rebels and militias continue, residents are displaced, peace efforts have stalled, and human rights violations persist, making Trump's claim inaccurate.

US President Donald Trump has reiterated his claim that he ended the decadeslong war in eastern Congo after brokering a peace deal between Congo and Rwanda in June. However, residents, human rights groups, and analysts on the ground say the conflict is far from over. Speaking on Monday, Trump described Congo as the "darkest, deepest" part of Africa, asserting, "For 35 years, it was a vicious war. Nine million people were killed with machetes. I stopped it. … I got it stopped and saved lots of lives."

The Associated Press previously fact-checked this claim and found it inaccurate. Reports from eastern Congo indicate continued clashes between the Rwanda-backed M23 rebels—who captured key cities earlier this year—and local militias allied with Congolese forces. A final peace deal between Congo and the rebels, facilitated by Qatar, appears to have stalled as both sides accuse each other of violating terms, deepening fears of prolonged instability.

In South Kivu province's Kabare territory, Ciruza Mushenzi Dieudonné, a local human rights inspector, said residents in Bugobe, Cirunga, Kagami, and Bushwira are still fleeing violence.

"The problem now is that we do not have humanitarian assistance, hospitals operate during the day and health professionals find refuge elsewhere at night to escape the insecurity," Dieudonné explained, noting worsening displacement. Amnesty International confirmed recent clashes in the region. "It is far from the reality to say that he has ended the war," said Christian Rumu of Amnesty. He added that civilians continue to experience grave human rights violations, some amounting to crimes against humanity. Rumu urged Trump to accelerate peace efforts rather than declare victory prematurely, as the humanitarian crisis grows.

In Goma, the city first seized by the M23 and still bearing the brunt of conflict, residents report no improvements. Student Amani Safari criticized the June peace deal, saying it lacks enforcement. "Unfortunately, when you look at this agreement, there are no binding sanctions against the two countries that violate it. The United States only sees American interests," Safari said.

Activist Espoir Muhinuka echoed similar concerns, warning that hopes for a permanent ceasefire are fading. "If this does not happen, it would deceive all of humanity," he said. Civil society leaders in North Kivu share this frustration. John Banyene, president of a regional civil society group, said killings and displacements persist. "The clashes continue, therefore we are still in disarray. We encourage dialogue, but it drags on," Banyene remarked, highlighting growing public desperation. Christian Moleka, a political analyst based in Congo, acknowledged that Trump's involvement initially helped restart peace talks. However, he emphasized that the conflict's root causes remain unresolved.

"For a conflict that combines the complexities of state weaknesses, local identity and land disputes, and regional crises, Trump's approach may appear as a truce rather than a definitive settlement," Moleka explained.

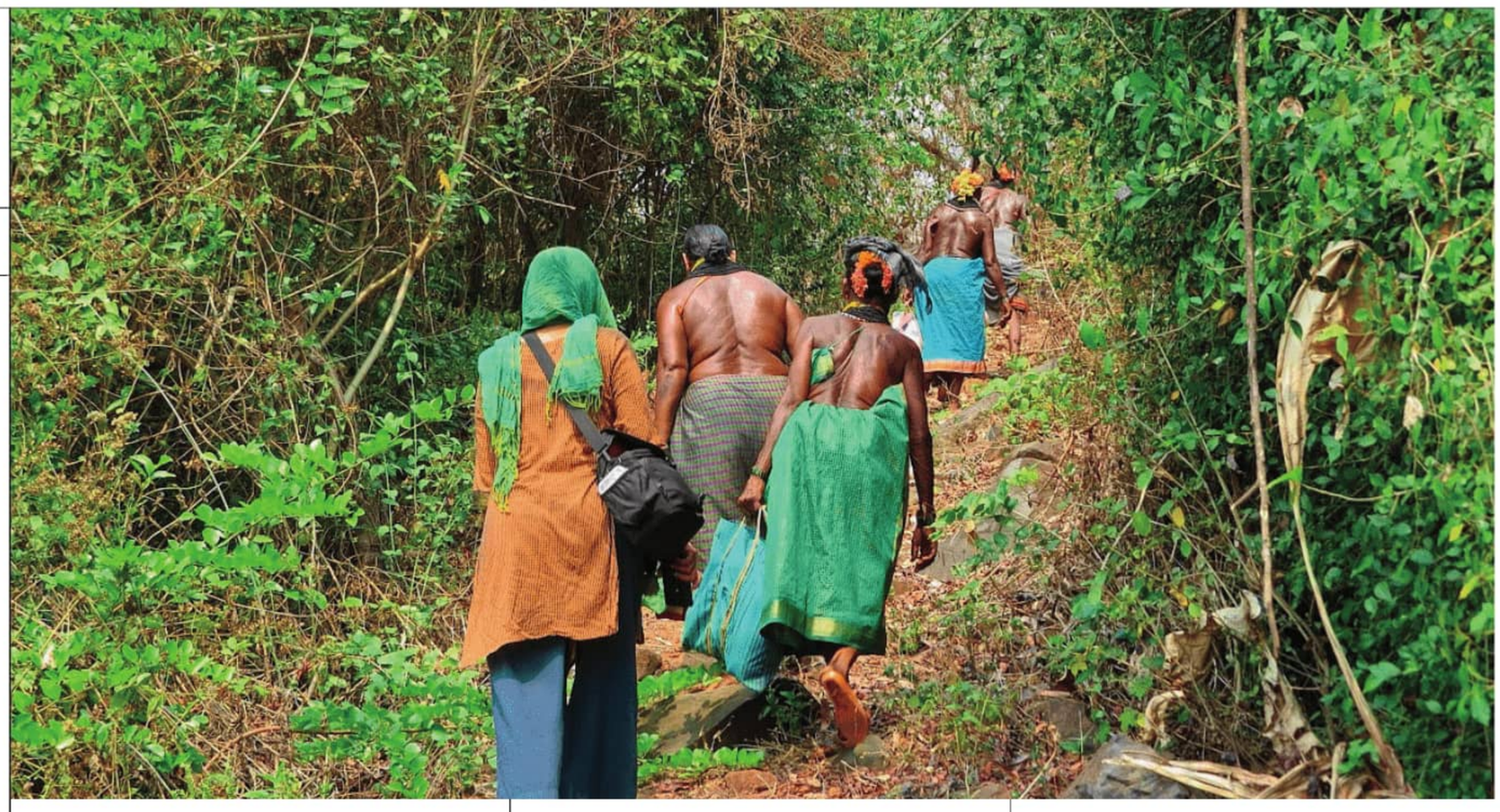
As violence continues and thousands remain displaced, many in Congo believe the road to lasting peace remains long—despite Trump's sweeping claims and optimistic portrayal of the situation. — AP

THE SUNDAY READ

The keepers of forgotten Karnataka

Meet online creators who preserve stories that are too precious to lose

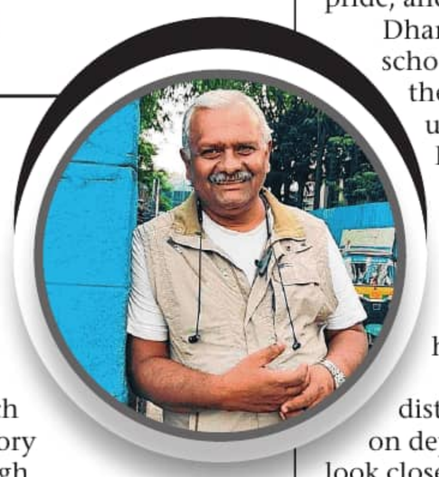
| R Prashanth Vidyasagar
mybangaloremirror@timesofindia.com
TWEETS @BangaloreMIRROR



Karnataka's digital landscape is crowded with the usual suspects dance reels, comedy skits, and bite-size entertainment. But tucked away in this noise are a handful of voices who are charting a very different course. They are not chasing algorithms. They are chasing memory. A Mysuru engineer who traded blueprints for history books. A Karavali accountant whose kitchen became a cultural archive. And a folklore scholar who built a school without walls deep inside a forest.

Different as they seem, all three are keepers of something fragile: the stories that slip through our fingers when we stop paying attention.

Dharmendra Kumar Arenahalli: The man who makes places speak



Dharmendra Kumar Arenahalli didn't come back to Mysuru to retire. After 25 years as a civil engineer in the Gulf, he returned in 2016 with a sense that too much of Karnataka's history was slipping through cracks. His first book, Marethu Hoda Mysurina Putagalu—Forgotten Pages of Mysuru was his way of holding on. But when he realized only a fraction of people read books anymore, he looked where people spend time, social media or video sharing platforms.

In 2019, he launched Mysoorina Kathegalu. The name ties back to his hometown, but the scope has grown far beyond it. From Bengaluru's streets and parks to forgotten corners across Karnataka, Dharmendra tells stories hidden in plain sight. Why is this road named the way it is? What stands behind that temple wall? What history lingers under your daily commute? His mission is simple: to re-level what's right in front of your eye.

Unlike academics who dig for material, Dharmendra flips the process. He reads voraciously about Karnataka's history, and when a snippet strikes him, it becomes a story on video. He doesn't deliver lectures; he talks like someone who can't wait to share what he's just uncovered. That's why his audience is wide. Businessmen in Bengaluru, schoolchildren across the state, even non-Kannadigas who follow the visuals and tone if not the full language.

And here's the part that sets him apart, he doesn't stop at history. He's equally invested in restoration and recognition. He works on renovating temples and kalyanis, refurbishing forts, and applauds the government when they do right, like BBMP's revival of 185 lakes in Bengaluru. To him, history isn't nostalgia. It's civic sense, pride, and responsibility.

Dharmendra often speaks to schools and colleges, not to recite the past but to help students understand "where you are." He believes building a future requires importing pieces of the past into the present. He tells stories, facts, and snippets that land with that jaw-drop moment, and that's his win.

In a world chasing distractions, Dharmendra insists on depth. He makes you pause, look closer, and realize that history isn't behind you. It's right under your feet, waiting to be noticed.

***

Asha Udupa Kateel: Stirring up the Coast

If Dharmendra is anchoring people to their streets, Asha Udupa is anchoring them to their kitchens. Her YouTube journey began in 2021 with a nudge from her husband: "You talk so much, why not record it?" She had just become a mother. The pandemic had slowed life down. She propped up a camera and began cooking.

What began as simple recipe videos quickly expanded. She started filming home remedies, massage oils for babies, those in pain, new mothers, the kind of knowledge passed through generations of women. Then came temple visits, vlogs, and above all, traditional food from Karnataka's Karavali coast.

Her channel, Karavali Mirror, now has over 500 videos and a six-digit subscriber base. Viewers in Bengaluru and Mysuru marvel at the coastal recipes: curries with wild greens, chutneys made from leaves most city markets don't even sell. Some go further, placing orders for her baby food mixes and oils, which she still prepares by hand and ships.

Here's the contrast that makes her story sing by weekday, she is a senior accountant in an MNC. By weekend, she's recording and editing with her husband, Ram Prashanth. The production isn't glossy, but that's the point. It's honest. Accessible. You can almost smell the curry leaves crackling in her pan.

Asha's work is not just about food. It's about making people pause and ask what's being lost in the rush of "modern" living. She insists on simplicity. She laughs easily. And when she talks, you feel like you're sitting at her kitchen table. In her words, "The aim is to encourage people to learn and start something new in the simplest way."

Sometimes, the simplest way is the most radical.

***

Savita Uday: Classroom in the forest

Drive into the Angadibail forest near Yana, and you'll lose your phone signal. What you gain instead is a different frequency altogether. This is where Savita Uday runs BuDa Folklore, a school without walls, built from her determination to reconnect people with the land.

Her parents, Dr. N.R. Nayak and Shanti Nayak, are among Karnataka's most respected folklore scholars, with over 80 books documenting everything from folk songs to healing practices of tribal communities. Savita grew up in this world, but after years as a teacher in the city, she felt the cultural disconnect widening. She wanted not just books, but experience.

So, she bought a patch of land in Angadibail and began from scratch. Today, BuDa Folklore runs programs where children and adults transplant paddy with farmers, forage wild mushrooms, sing tribal songs, cook meals with forest produce, and play kabaddi in the mud with village youth. There's no electricity, no mobile towers, just streams, fields, and firelight.

Festivals here celebrate not consumption but continuity. The Kokum Harvest Festival teaches participants to process a fruit that sustains locals but rarely reaches markets. The Mungaaru program celebrates the first monsoon rains with paddy planting and songs. These are not performances. They are invitations to live differently, if only for a few days.

For Savita, this isn't nostalgia. It's resistance to the flattening sameness of cities. She asks: how can we talk about sustainability if we don't first listen to those who've sustained themselves for centuries? In the Halakki, Siddis, and Havyakas, she sees teachers. BuDa is her bridge to bring their wisdom into the present.

Spend a few days there and you'll leave with muddy feet, aching muscles, and a strange clarity. You'll understand that food is not just nutrition but memory. That work is not just survival but ritual. And that freedom isn't in running away, but in slowing down.

The common thread

What connects Dharmendra in Mysuru, Asha in Kateel, and Savita in Angadibail is not technology but intention. They're using digital platforms to protect what can't be digitized memory, culture, ecology. In a world addicted to the new, they're teaching us the power of looking back not to stay there, but to carry it forward.

These are Karnataka's story keepers. And their stories, if you let them, can change the way you see where you stand.

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ADMISSION OPEN

The lines are blurred

CONTINUED FROM PAGE 1

children—particularly in urban areas like Bengaluru, where access to gadgets is widespread and usage often goes unchecked.

Medical experts have cited excessive use of smartphones and televisions, along with Vitamin A deficiency and congenital eye disorders, as key reasons for this alarming trend. The rise in screen time, especially among young children, has been linked to both temporary vision issues and long-term damage.

Ophthalmologists involved in the school screening camps said that many parents remain unaware of their children's deteriorating eyesight until problems become severe. Financial constraints, lack of awareness, and post-pandemic screen dependence have only worsened the situation.

School screenings expose scale

Doctors and paramedical teams conducting the screenings found a mix of minor and serious vision defects, with many students now being referred to district hospitals for further evaluation and treatment. However, officials noted that children who are not attending school remain outside the scope of the screening programme, meaning the actual numbers could be much higher.

Doctors warn that mobile overuse is not just affecting eyesight — it's also linked to behavioural issues, lack of focus, emotional instability, and physical inactivity. In some cases, children have become agitated or withdrawn when their access to gadgets was restricted. The covid-19 pandemic and the shift to online learning forced even younger children to use digital devices for extended periods. While digital education has now reduced, mobile addiction has persisted, creating a new set of public health challenges.

"We must limit children's mobile use strictly to educational purposes. Parents must lead by example and educate kids about screen-related risks. This crisis needs both awareness and action. The number of visually affected children is deeply worrying. Telling children to avoid phones is not enough — parents must engage them meaningfully and reduce screen dependency at home," said V Kriti, an ophthalmologist.

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I, Nisarga Kagehahhadadoddi Shambulingegowda W/o. Sri. Jagadish Kagehalladadoddi Jayaram, Residing at No. 35, Kagehalladadoddi Village, Kannalli Post, Mandya-571 404 have changed my name to NISARGA KAGEHALLADADODDI SHAMBULINGEGOWDA vide affidavit dated: 20.08.2025 Sworn before notary: V Anjanappa, Bengaluru

I, SRINIVAS G R, Residing at No.76, Ganakallu, Bengaluru - 560060, have changed my name to SRINIVASA G R, vide affidavit dated 11/08/2025, sworn before notary Venkataraju H G, Bengaluru.

I, GOVINDRAJ, Residing at No 284, 5th Cross, Pragathipura, Banashankari 2nd Stage, Bangalore-560070, Have changed my name to GOVINDRAJ RAJENDRAN, vide affidavit dated 30/8/2025 sworn before Notary Aravind Patil G.G Bangalore

I, JAYARAM SUNIL KUMAR Residing at No.17/1, 11th Cross Rajaji Nagar, Bengaluru – 560010, have changed my name to SUNIL KUMAR K J, vide affidavit dated 16/08/2025, sworn before notary Venkataraju H G, Bengaluru.

I, GEETHA BAI B J, Residing at No.14181, 16th Main, 2nd Cross, Nisarga Layout, Bangalore – 560083, have changed my name to GEETHA SINGH B J, vide affidavit dated 05/07/2025, sworn before notary Venkataraju H G, Bangalore.

I, GULJAR JAN (Old Name) W/o Mahammed Shafhi.B, resident of No. 437-7, Idaguru, Gauribidanur, Chikkaballapur-561208, have changed my name to GULAJAR KHAN (New Name) vide affidavit dated: 28/8/2025 Before Notary Deepa.M Bangalore.

I, SANKARAPPA N, Residing at No. 6, 2nd Cross, Chunchagatta Road, Uttarahalli, Bengaluru - 560062 have changed my name to SHANKAR NARAYANAPPA vide affidavit dated 08/08/2025, sworn before notary Venkataraju H G, Bengaluru.

I, Lakshman Alias Lakshmana, No 80, 3rd Cross, RK Matta Layout, Gavipuram Gutta Halli, KG Nagar, Chickpet, Bangalore-560019, I hereby declare that my correct name as LAKSHMAN M S/o Murugesh vide affidavit dated 29/08/2025 sworn before Notary Aravind Patil G.G Bangalore

I, Ravi Jariwala, S/o Vijaykumar Amratlal Jariwala, R/o K-104, Purva Panorama, Bannerghatta Road, Bangalore-560076, have changed my name to Ravi Jariwala for all future purposes vide affidavit Dt. 29/08/2025 sworn before Notary Aravind Patil G.G.

I, NAINMAL HOSAJI Alias NAINAMAL HOSAJI ALIAS NAINMAL SONEGARA ALIAS NAINMAL SONEGARI R/O Pancharatna Apartment, No 12, 3rd Floor, 5th Main, 3rd Cross, Bull Temple Road, Bengaluru, Karnataka, India 560019. Have changed my name to NAINMAL HOSAJI, vide affidavit dated 29/08/2025 sworn before Notary Mamatha N.K Bangalore.

Bennett & Coleman THE TIMES OF INDIA

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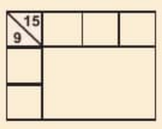
SOLVE IT IN A MINUTE

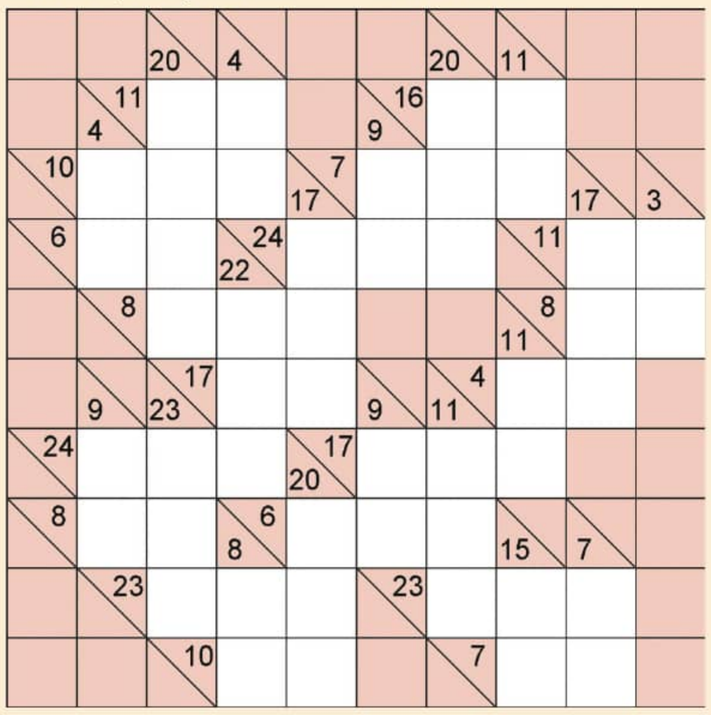
If each digit on a pair of dice is replaced by the number of letters in the spelling of that digit, what is the probability of getting a sum of seven when the two dice are rolled?

Kakuro

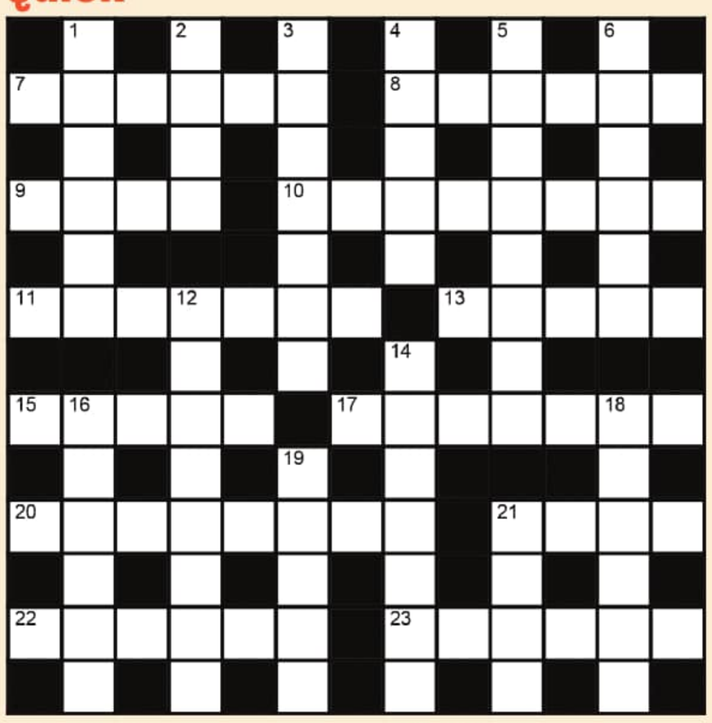
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Frail (6)
8 Empty (6)
9 Nap (4)
10 Joined by using glue etc. (8)
11 Arrives at (7)
13 LPs (5)
15 Adjacent, around or nearby, in a way (5)
17 Popular nuts (7)
20 Make every possible effort ? (2,3,3)
21 Flying creature (4)
22 A poolside kiosk (6)
23 Travelling on a vehicle (6)

DOWN

1 Go away! (6)
2 Capable or competent (4)
3 Roosted (7)
4 Munch noisily (5)
5 Flatter and coax (8)
6 Very much or severely, in a way? (6)
12 Big posh American car (8)
14 Engages in a bit of repartee (7)
16 __ __ nothing : be ruthless? (4,2)
18 Cabling (6)
19 Gold mines 100 kms out of the city (5)
21 Flowers to be (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: Z EQUALS U

UY PEZ FEZHR NMEVEZQMHP LXEF WXPNMUXQ, NGWTM UN NE ENMGVB.

Linemaro

Do you know where the nearest asylum is? Because without you, I'm going crazy

Mindchow

If you shut up truth and bury it under the ground, it will but grow, and gather to itself such explosive power that the day it bursts through it will blow up everything in its way

Joke of the day

I'll never forget the time they gave me a farewell party at work. I was so surprised – I didn't even know I was fired

Loop

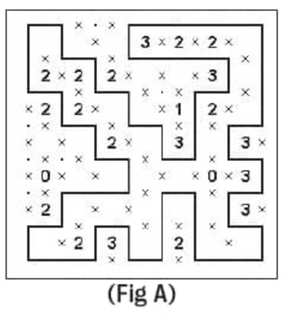
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

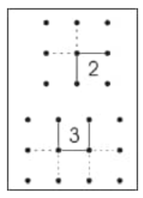
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

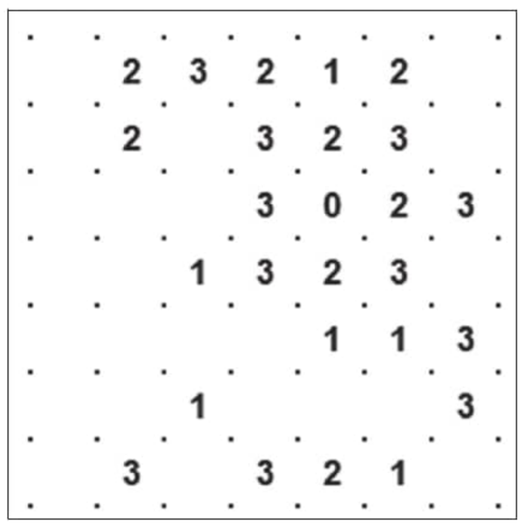
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



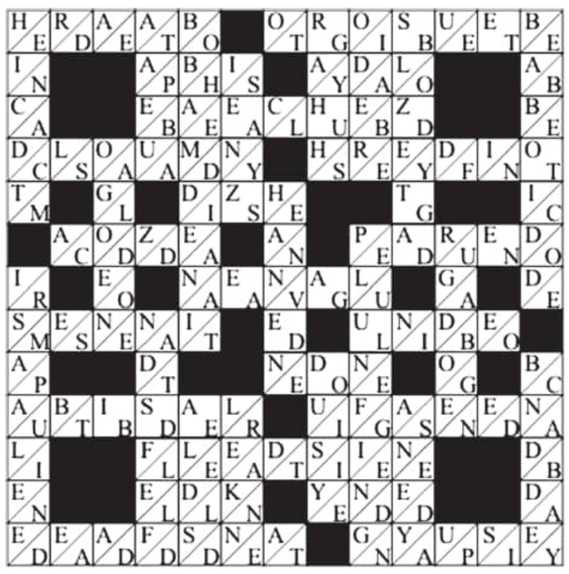
(Fig A)



(Fig B) Not Allowed



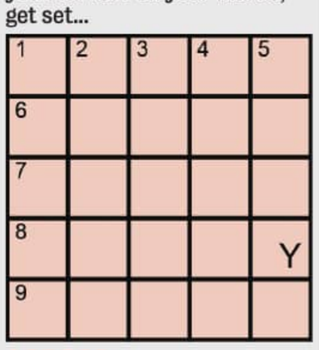
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

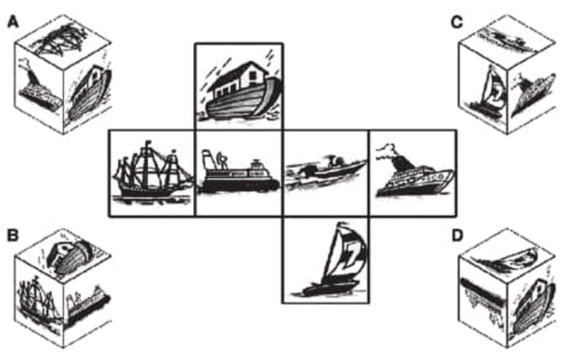
1 GD ran; 6 Urger;
7 Ligne; 8 Layer;
9 Loss F

DOWN

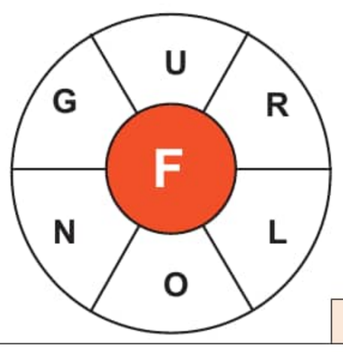
1 If Erg; 2 Learn;
3 Or gag; 4 LL sun;
5 Dyers

Mensapuzzle

Which picture cube does this shape make?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

07 Average; **08** Good; **10** Outstanding

SudokuChallenge

		6	9		1	8		
7			4		8			3
		4		5		6		
	9		2		3		5	
	4						7	
	2		7		6		1	
		1		7		2		
9			8		4			5
		3	5		2	7		

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

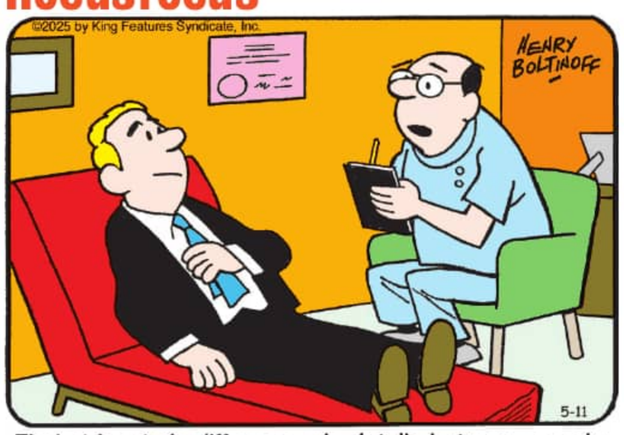
Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 4
2 4 7 9

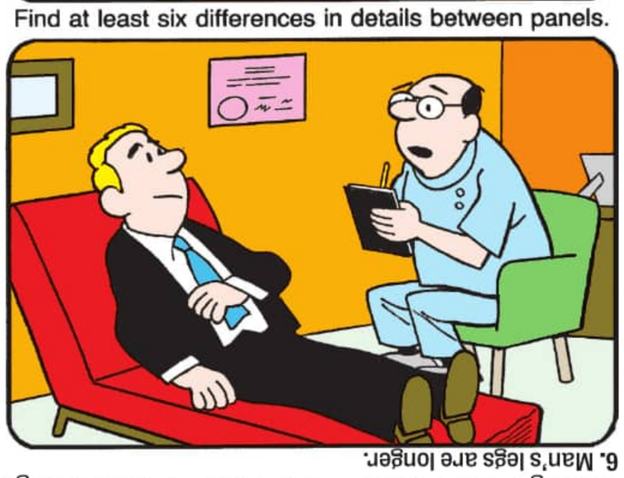
Medium = 12
2 6 7 7

Hard = 23
2 4 5 9

Hocusfocus



Find at least six differences in details between panels.



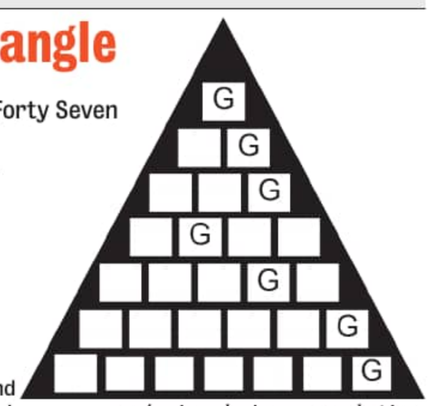
Differences: 1. Chair leg is moved. 2. Arm of chair is not showing. 3. Pen is moved. 4. Arm is lower. 5. Sleeve is longer. 6. Man's legs are longer.

Riddler

Remove a letter from each of the words below and rearrange the remaining letters to form new words. The 10 words will all fall into a certain category. Epoch, Expel, Wrist, Bundle, Inward, Repute, Unseat, Ascribe, Memoirs & Phrasing

Alpha triangle

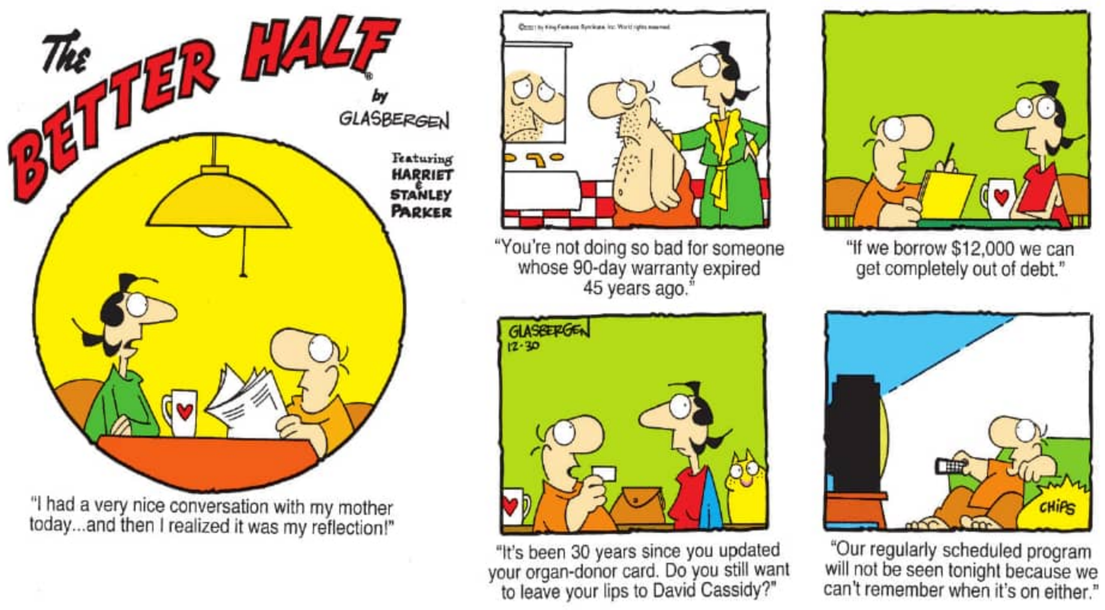
1 Gram, abbr.
2 Atomic number Forty Seven
3 Be a pain
4 Hindu god of fire
5 Straighten out
6 Picket fence
7 _ up : receiving enthusiastically

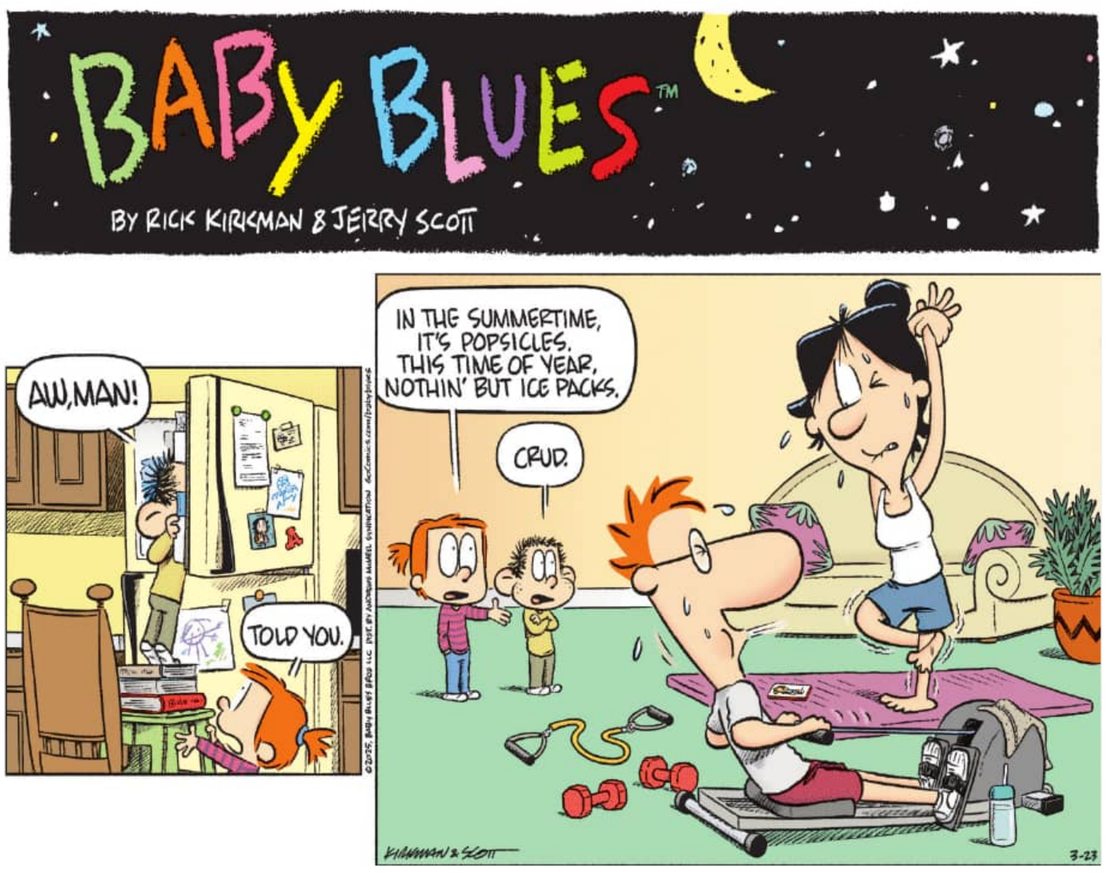


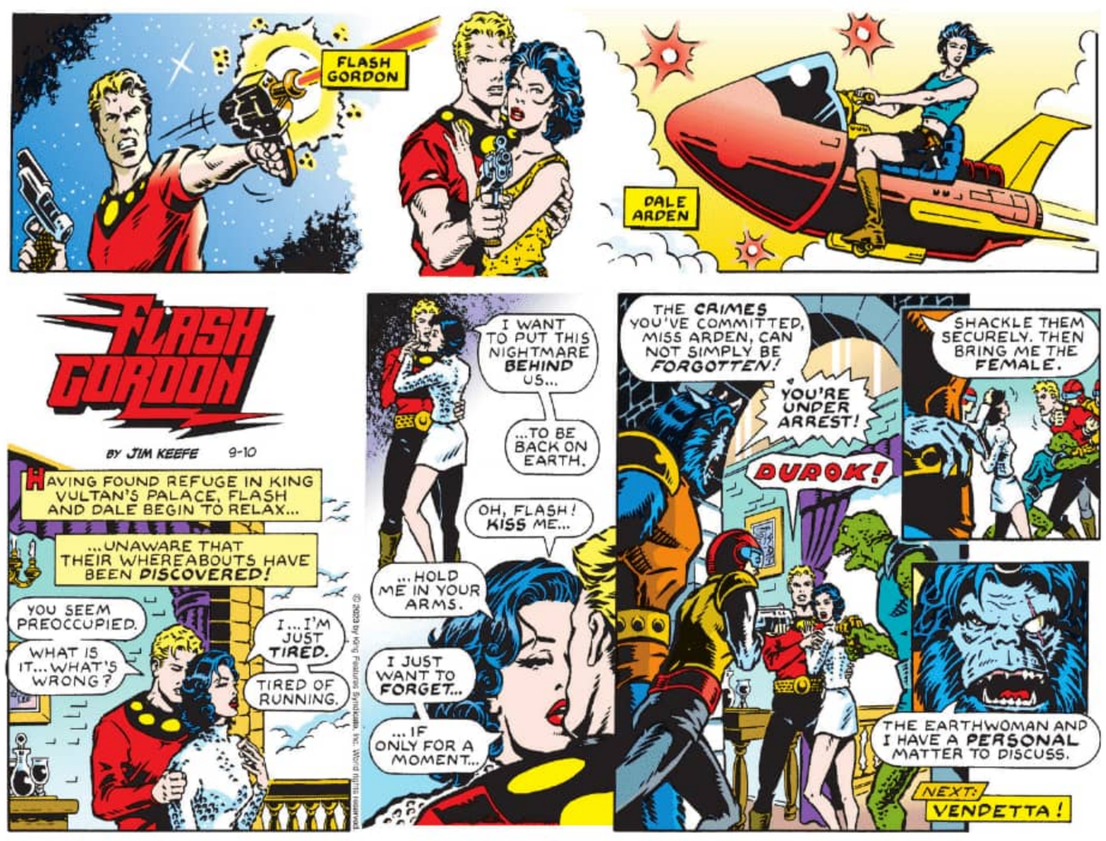
Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE »

COMICS


The BETTER HALF
by GLASBERGEN
Featuring HARRIET & STANLEY PARKER
"I had a very nice conversation with my mother today...and then I realized it was my reflection!"
"You're not doing so bad for someone whose 90-day warranty expired 45 years ago."
"If we borrow $12,000 we can get completely out of debt."
GLASBERGEN 12-30
"It's been 30 years since you updated your organ-donor card. Do you still want to leave your lips to David Cassidy?"
CHIPS
"Our regularly scheduled program will not be seen tonight because we can't remember when it's on either."




FLASH GORDON
DALE ARDEN
FLASH GORDON
BY JIM KEEFE 9-10
HAVING FOUND REFUGE IN KING VULTAN'S PALACE, FLASH AND DALE BEGIN TO RELAX...
...UNAWARE THAT THEIR WHEREABOUTS HAVE BEEN DISCOVERED!
YOU SEEM PREOCCUPIED.
WHAT IS IT...WHAT'S WRONG?
I...I'M JUST TIRED.
TIRED OF RUNNING.
I WANT TO PUT THIS NIGHTMARE BEHIND US...
...TO BE BACK ON EARTH.
OH, FLASH! KISS ME...
...HOLD ME IN YOUR ARMS.
I JUST WANT TO FORGET...
...IF ONLY FOR A MOMENT...
THE CRIMES YOU'VE COMMITTED, MISS ARDEN, CAN NOT SIMPLY BE FORGOTTEN!
YOU'RE UNDER ARREST!
DUROK!
SHACKLE THEM SECURELY. THEN BRING ME THE FEMALE.
THE EARTHWOMAN AND I HAVE A PERSONAL MATTER TO DISCUSS.
NEXT: VENDETTA!

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Low energy and workplace obstacles may slow you down today. Avoid rushing decisions in business or investments, as they may not be favorable. Spending on unnecessary items could cause disagreements at home. Stay mindful of finances and focus on activities that uplift your mood.

Taurus Apr 21 – May 20
Your hard work is likely to pay off, bringing success and recognition. A short work-related trip may open new opportunities. Colleagues and subordinates will support your plans, and even competitors may acknowledge your efforts. Positive news from family or siblings could brighten your day.

Gemini May 21 – Jun 21
You'll manage expenses wisely and control unnecessary spending. Thoughts of investing in a new business or real estate may arise, strengthening future financial stability. Your polite and humble approach will earn respect. Domestic matters need attention, and your spouse may feel neglected or face health issues—balance responsibilities carefully.

Cancer Jun 22 – July 23
Vitality and inner strength help you implement practical plans successfully. However, read all documents carefully before signing anything. Enthusiasm may tempt you to invest in a family business—analyze risks first. Love partners should avoid arguments over trivial issues to maintain harmony.

Leo Jul 24 – Aug 23
Restlessness and anxiety may disrupt your focus today, leading to wasted time on unproductive tasks. Visiting a spiritual place or seeking elders' advice can restore balance. Avoid rushing into new commitments—use the day for reflection and regaining mental clarity.

Virgo Aug 24 – Sep 23
Social gatherings and interactions could help rebuild your professional network. Those in glamour, art, or fashion may generate creative ideas. Students will stay focused and perform well. Love relationships will flourish with joyful moments shared between partners.

Libra Sep 24 – Oct 22
A packed schedule may leave you tired and unable to attend family events. However, opportunities for overseas connections could arise. Avoid risky financial investments today. For professionals, this could be a rewarding day with chances of promotions or recognition.

Scorpio Oct 23 – Nov 22
Challenges begin to ease as luck and destiny favor you. Business gains are likely, and delayed projects may finally move forward. A peaceful religious trip or charitable activity may bring inner satisfaction and positivity.

Sagittarius Nov 23 – Dec 22
Planetary alignment is unfavorable—health may need attention. Avoid financial risks and unnecessary spending, as hasty investments can lead to losses. Stay away from arguments or controversies to maintain peace of mind. Focus on self-care and wait for better opportunities.

Capricorn Dec 23 – Jan 20
The Moon blesses you with positive energy and professional progress. Domestic life will be joyful, but avoid unnecessary debates to maintain harmony. Real estate investments could bring good returns. Students will find it easier to concentrate on studies.

Aquarius Jan 21 – Feb 19
The day may start slow but improves as energy returns. Attention will likely go to children's education. Professionally, you'll gain strength against competitors. Exercise caution in financial decisions. Job seekers may come across promising opportunities.

Pisces Feb 20 – Mar 20
Negative thoughts and unsupportive surroundings may affect your mood. Friends may not provide expected help, so rely on yourself. Avoid overspending and investing in unworthy assets. Independent decision-making will help you navigate the day successfully.

KIDZONE

Kirthi, Bengalru

Jadhav, Bengaluru

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M One – 1; two – 2; three – 3; four – 4; five – 5
Probability of Specific Value on Single Die:
3 = 3/6 = 1/2; 4 = 2/6 =1/3; 5 = 1/6
Possible Outcomes with Two Dice: (3, 3), (3, 4), (3, 5), (4, 3), (4, 4), (4, 5), (5, 3), (5, 4), (5, 5)
Outcomes Summing to 7 with Two Dice: (3, 4), and (4, 3);
1/2 (1/3) and 1/3(1/2) = 1/6 and
1/6 + 1/6 + 1/6 = 2/6 = 1/3;
1/3 chance of rolling a 7 with this particular pair of dice.

BULL'S EYE flog, flour, flung, foul, four, frog, furl, FURLONG, golf, gulf

FAST FIVE

G	R	A	N	D
R	E	G	U	R
I	N	G	L	E
E	A	R	L	Y
F	L	O	S	S

STRIKE OUT

E	R	A	T	O	■	T	R	I	B	U
N	■	A	B	S	■	A	D	O	■	B
A	■	B	E	A	C	H	E	D	■	B
C	L	O	U	D	Y	■	S	E	E	F
T	■	L	■	I	S	H	■	G	■	I
A	D	Z	E	■	A	■	P	A	R	E
A	B	I	D	E	R	■	U	G	A	N
P	■	D	■	N	O	N	O	■	C	■
M	E	N	A	T	■	E	■	U	N	D
I	■	E	■	N	A	V	A	L	■	A
A	D	Z	E	■	A	■	P	A	R	E
T	■	L	■	I	S	H	■	G	■	I
C	L	O	U	D	Y	■	S	E	E	F
A	■	B	E	A	C	H	E	D	■	B
E	■	E	L	K	■	E	N	D	■	D
L	■	L	E	A	D	S	I	N	■	D
A	B	I	D	E	R	■	U	G	A	N
P	■	D	■	N	O	N	O	■	C	■
M	E	N	A	T	■	E	■	U	N	D
I	■	E	■	N	A	V	A	L	■	A
A	D	Z	E	■	A	■	P	A	R	E
T	■	L	■	I	S	H	■	G	■	I
C	L	O	U	D	Y	■	S	E	E	F
D	E	A	D	S	E	T	■	G	Y	P

QUICK

T	■	C	■	T	■	S	■	S	■	G
C	A	B	A	N	A	■	R	I	D	I
P	■	L	■	L	■	E	■	U	■	I
G	O	A	L	L	O	U	T	■	B	I
T	■	I	■	K	■	N	■	■	■	I
A	S	I	D	E	■	C	A	S	H	E
■	■	A	■	D	■	B	■	S	■	■
R	E	A	C	H	E	S	■	V	I	N
■	■	H	■	P	■	D	■	L	■	■
D	O	Z	E	■	C	E	M	E	N	T
G	■	L	■	R	■	O	■	A	■	R
F	E	B	L	E	■	H	O	L	L	O
B	■	P	■	C	■	B	■	S	■	■

MENSA PUZZLE
B

RIDDLER Chop, Peel, Stir, Blend, Drain, Puree, Saute, Braise, Simmer & Garnish. They are all recipe directions

QUOTE UNCODE
If you would thoroughly know anything, teach it to others.

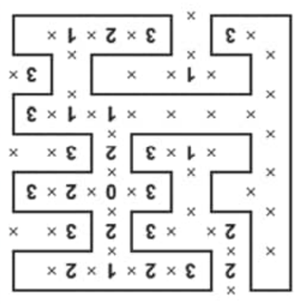
SUDOKU

5	3	6	9	2	1	8	4	7
2	8	4	3	5	7	6	9	1
1	9	7	2	8	3	4	5	6
3	2	5	7	4	6	9	1	8
6	4	8	1	9	5	3	7	2
8	5	1	6	7	9	2	3	4
9	7	2	8	3	4	1	6	5
4	6	3	5	1	2	7	8	9

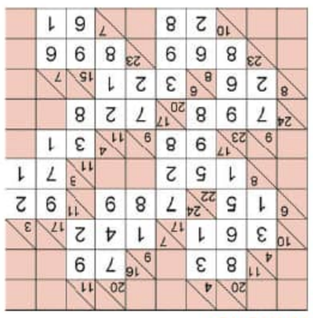
ALPHA TRIANGLE G, Ag, Nag, Agni, Align, Paling, Lapping.

GO FIGURE
Easy
4 + 7 + 2 – 9 = 4
Medium
2 x 6 – 7 + 7 = 12
Hard
2 x 5 + 9 + 4 = 23

LOOP



KAKURO



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Milestone— Pop sensation Rihanna has completed two successful decades in the industry. Commemorating the milestone in her illustrious career, the singer, who released her debut single "Pon de Replay" in 2005, shared a heartfelt note on social media

PROPOSAL MADE IN HEAVEN

Ranveer reveals details on how Deepika and he got hitched for life

Ranveer Singh and Deepika Padukone are one of Bollywood's most loved couples. Despite coming from different backgrounds, Ranveer's Sindhi heritage and Deepika's South Indian roots, the duo found love and happiness together. Now Ranveer has revealed on Koffee With Karan Season 8 how he proposed to Deepika. He said he planned a magical moment during a holiday in the Maldives.

He set up a romantic scene on a secluded sandbank in the middle of the sea and there, he asked Deepika the million-dollar question.

Deepika was immediately overwhelmed with emotion. She not only said yes but also made Ranveer feel "the king of the world."

Even after the perfect proposal, Ranveer had one worry: Deepika's parents. He was nervous about how they would take the news. On the show, he explained, "Then, suddenly, absolutely out of nowhere, she was like, 'you know he proposed marriage to me and I said yes.' I got into their room in their Bangalore home, and I put my ear to the door, and Amma and Deepika are having it out. She's saying, 'Who is this guy? He proposed marriage, and you said yes also?' And I was like, 'Please God help me'. It took a lot of work on my part to place myself in Amma's heart, and now I think I'm one of her favourite people in the whole world."

Ranveer is gearing up for his next big film, Aditya Dhar's action-drama 'Dhurandhar'. Meanwhile, Deepika is busy with multiple projects. She is set to star in Atlee's upcoming sci-fi franchise, tentatively titled 'AA22xA6', alongside Allu Arjun.

—ETimes

Fruits of hard work

Andodittu Kaala

3.5 RATING ★★★½☆

- **DIRECTOR** Keerthi
- **ACTORS** Vinay Rajkumar, V Ravichandran, Aditi Prabhudeva, Nisha Ravikrishnan, Aruna Balraj
- **CERTIFICATION** U/A
- **Duration** 115 minutes

Keerthi debuts as a director in Sandalwood with this movie, for which he has selected a good script, based on incidents from his life. The story highlights the importance of hard work and perseverance. (He had come to Bengaluru many years ago to become a director and finally realised his dream after working as an associate director for a few Kannada movies). The movie also conveys a message to youth on the importance of helping each other in difficult times. The movie is set against the backdrop of a village where the only destination to watch movies is touring talkies. It narrates the struggle of a youth who wants to realise his dream of becoming a director.

The movie begins with Kumar (Vinay Rajkumar) boarding a private bus to come to Bengaluru from Mavinakere village. Kumar, encouraged and supported by his parents and childhood friends, is leaving to the city to become a movie director. During the journey, Kumar talks about his affectionate parents and friends and his crush on a girl. He also narrates how a tryst with movie unit members, who had come to the village for a movie's shooting, made him nourish an ambition of becoming a director.

When Kumar arrives in Bengaluru, he tries to contact Sampangi (Kaddipudi Chandru), a movie production manager. Finally, he gets an opportunity to work under a director but circumstances make him quit the job. You have to watch the movie to know whether Kumar succeeds in realising his dream and what is the connection between Vasundhara (Aditi Prabhudeva) and him.

Vinay Rajkumar has acted well. His dialogue delivery and gestures are good. He looks very good in the climax, especially in a scene with V Ravichandran. The dialogues are laced with sentiment and emotion. Nisha Ravikrishnan is gorgeous but has nothing to do in the movie except appearing in a few scenes. Aditi Prabhudeva provides good support. As a good friend, motivator and lover, she is convincing. Aruna Balraj, Doddarange Gowda, Kaddipudi Chandru provide good support. Veteran actor V Ravichandran adds value to the movie.

The movie would have been a better entertainer if the director reduced the runtime by 10 to 15 minutes. Music director Raghavendra has scored lilting music and all the songs, especially Mungaaru Maleyali, are good.

—Y Maheswara Reddy

Violent, wayward plot falls flat

Usiru

2.5 RATING ★★½☆☆

- **DIRECTOR** Panem Prabhakar
- **ACTORS** Tilak, Priya Hegde, Santhosh Nadivada, Apoorva Nagaraj, Bala Rajawadi, Raaghu Ramanakoppa
- **CERTIFICATION** U/A
- **Duration** 135 minutes

If you go by how Usiru starts, it seems director Panem Prabhakar wanted to stick to the script. But, just a few minutes into the film, he starts losing control on his actors and ends up giving undue importance to them and also including unconvincing scenes that test audiences' patience.

The movie begins with a pregnant woman and other villagers gathering in front of Goddess Katamma on full moon day. It is a tradition for villagers to offer pooja on full moon day for safe child birth. Meanwhile, the pregnant woman is taken away by a few people and her husband curses Goddess Katamma.

Later the director introduces Surya (Santhosh Nadivada) and narrates how Surya ended up as a juvenile delinquent and how a police inspector (Bala Rajawadi) tried to reform Surya. During that time, the police inspector's daughter Siri (Apoorva Nagaraj) becomes his friend. Surya wants to know who killed his parents.

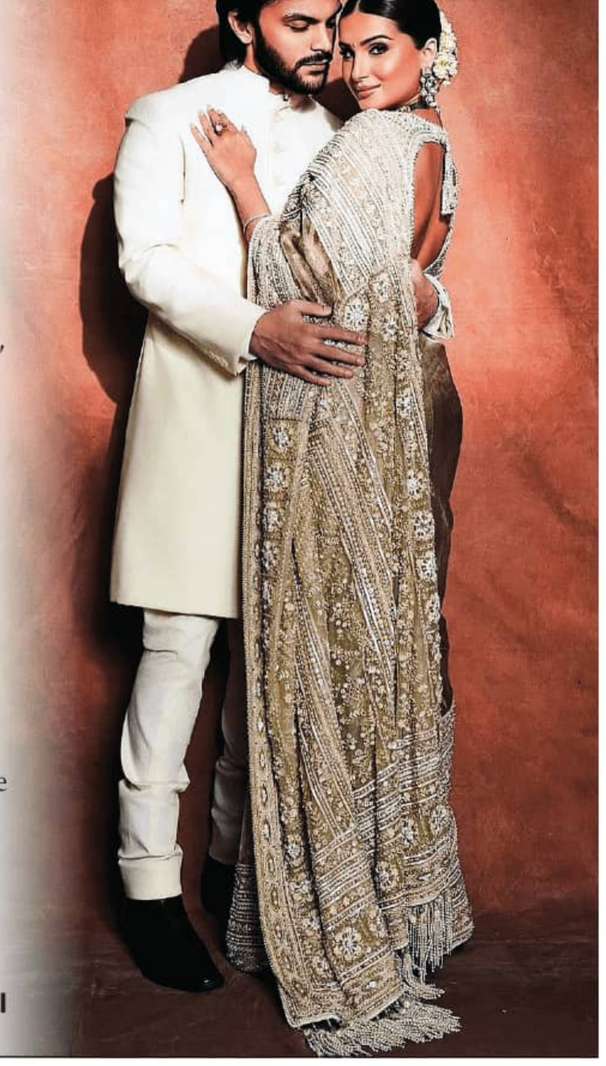
Meanwhile, the director introduces Rajeev Muthanna aka Raj (Tilak), a police officer who gets transferred to Stuart Hill Police Station on demotion. Raj comes to know that an unknown person is threatening his pregnant wife Aishwarya (Priya Hegde). He also learns that pregnant women in the village go missing in August every year and finally end up mutilated. You have to watch the movie to know whether or not Rajeev Muthanna zeroed in on the villain and what happens to Surya.

The problem with the movie is it has too much violence and too many characters. It is not clear how the members of Central Board of Film Certification allowed a scene that shows a man driven by suspicion repeatedly stabbing his pregnant wife.

We suggest you catch this film only if you have no other plans.

—Y Maheswara Reddy

Soft launch?



Actress Tara Sutaria, who has long been in the spotlight for her rumored relationship with Veer Pahariya, seems to have finally made things official on social media.

Tara Sutaria dropped a series of pictures from her Ganesh Chaturthi celebration, looking resplendent in a heavily embellished saree paired with a matching blouse, traditional jewelry, and a delicate gajra.

While the festive look stole hearts, what truly caught everyone's attention was the fifth photo in the carousel ,Tara posing with Veer. In the candid moment, Veer was seen holding her lovingly, gazing at her intently. Tara looked towards the camera with a shy smile.

The actress kept her caption simple yet meaningful: "Devotion, faith and celebration.. Ganpati Bappa Morya." But it was Veer's response that had the internet buzzing — he dropped two red hearts and an evil eye emoji in the comments, almost like a subtle stamp of approval on their relationship.

—ANI